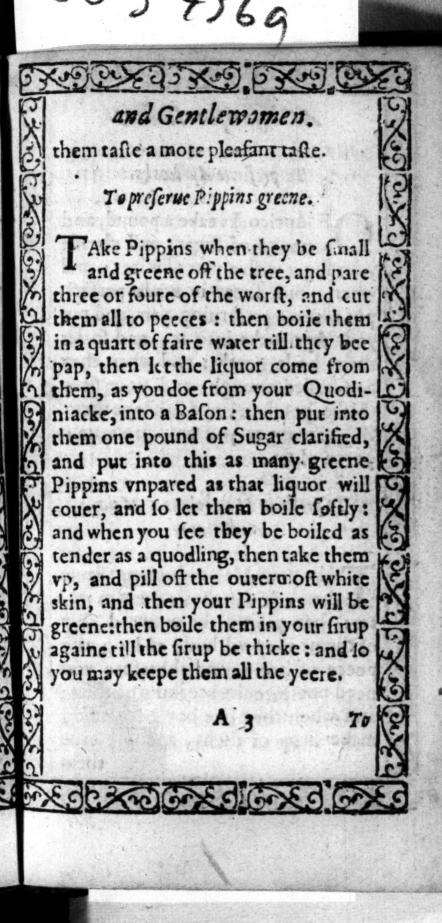


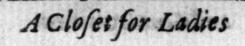
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will not bee like the other, and let them thus boile vntill they begin to gelly: then take them vp, and pot them, and you may keepe them all the yeere.

To preserue Pippins white.

Ake faire large Pippins, and after Candlemas pare them, and bore a hole thorow them, as you did for the red ones: then make a weake firup for them, and so let them boile till they be tender; then take them vp, and boile your firup a little higher, then put them vp in a Gally-pot,& let them stand all night, and the next morning the firup will be fomewhat weaker: then boile the firup againe to his full thicknesse, and so por them and you may keep them all the yeere. If you please to have them taste a pleasant tafte, more than the naturall Pippin, put in one grain of musk, [2] and one drop of the Chymicall oile of Cinamon, and that will make





To preferue Apricocks.

OF Apricocks take a pound, and a pound of sugar, and clarisse your sugar with a pint of water; and when your sugar is made perfect, put it into a preseruing-pan, and put your Apricocks into it, and so let them boile gently: and when they bee boiled enough, and your strup thicke, pot them, and so keepe them. In like manner you may preserue a peare-plum.

To preserve Mirabolans or Malacadonians.

Take your Malacadonians: stone them, and perboile them in water: then pill off the outward skin of them: they will boile as long as a peece of bee'e, and therefore you need not feare the breaking of them; and when they bee boyled tender, make sirup of them, and preserve them

7560 and Gentle women. them as you doe any other thing and fo you may keepe them all the veere. efire, with a qua To preferne Pomeitren. F your Pomertons take one pound and a halfe, and cur them fome in halues, fome in quarters. and take the meat out of them, and boile them tender in faire water: then take two pound of fugar being clarified, and make firup for them, and ler them boile in firup a quarter of an house very gently : then take them vp, and let your firup boile till it be thicke; and then put in your Pomeurons, and you may keep them all the yeere. If you pleafe, you may pare some of them: for, some delight them in the skin; and some, pared. To preferue Cherries. F the best and fairest Cherries take fome two pound, and with a paire of theeres clip off their falks

by the midft; then wash them cleane, and beware you bruse them not; then take of fine Barbary Sugar, and fet it ouer the fire, with a quart of faire water, in the broadest vessell you can get, and let it seethe till it bee fomewhat thicke: then put in your Cherries, and stirre them together with a filuer spoone, and so let them boile, alwaies foumming and turning them very gently, that the one fide may be like the other, vntill they be enough; the which to know, you must take vp some of the strup with one Cherry, and so let it coole; and if it will scarce run out, it is enough: and thus, being cold, you may put them vp, and keep them all the yeere. erre, If you hear, you may

To preserue red-rese leaves.

Of the leaves of the fairest buds take halfe a pound: fift them cleane from seeds; then take a quart of faire water, & put it in an earthen

and Gentlewomen.

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pipkin, and fet it ouer the fire vntill it be scalding hor: and then make a good many of other red role leaves, and put them into the scalding water, vntill they begin to looke white, and then ft aine them: and thus doe vntill the water looke very red. Then take a pound of refined Sugar, and! bear it fine, and put it into the liquor, with halfe a pound of Rofeleaues, and let them feethe together till they bee enough: the which to know, is by taking some of them vp. in a spoone, as you doe your Cherries; and fo, when they bee thorow cold, put them yp, and keepe them very close.

To preserve Orenges and Lemmons.

Take your Orenges & Lemmons, large and well coloured, and take a raspe of steele, and raspe the outward sinde from them: then lay them in water three daies and three nights: then boile them tender,

A 5 and

and thift them in the boiling, to take away their bitternesse; and when they bee boiled tenderly, take two pound of Sugar clarified with a pint of water; and when your firup is made, and betwixt hot and cold, put in your Lemmons and Orenges, and there let them bee infused all night: the next morning, let them boile two or three walmes in your firup : let them not boile too long in the fugar, because the tindes will be tough: take your Lemmons out, and boile your firup thicker : and fo when it is cold, put them vp, and keepe them all the yeare.

Topreserne Quinces.

OF your Quinces take a pound:
core them, and then perboile
them, and pill off the outermost
white skin, and then weigh them,
and put into them clarified Sugar
one pound, and then boile them
closely couered vpon a very gentle
fire,

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fire, putting vnto them a sticke or two of good Cinamon cut into small peeces, and so stir them continually, that they may bee well coloured on euery side: and when the strup is come to the height of a perfect gelly, take them off the sire, and so keepe them, for the higher your sirup is, the beeter will your Quinces keepe.

and yad Toprescine Peaches. 12 4 261

Fyour fairest and best coloured
Peaches take a pound, and with
a wet linnen cloth wipe off the
white hoare of them: then perboile
them in halfe a pint of white wine,
and a pint and a halfe of running
water; and being perboiled, pill off
the white skinne of them, and then
weigh them: take to your pound of
Peaches, three quarters of a pound
of refined Sugar, and dissolve it in a
quarter of a pint of white wine, and
boile it almost to the height of a
firup,

firup, and then put in your Peaches, and let them boile in the firup a quarter of an houre or more, if need should require: and then put them vp, and keepe them all the yeere.

To preferue Eringo-roots.

Bedrey a horsely an oction may be decreased for models

Ake your Eringo-roots, faire and not knotty, one pound, and wash them cleane; and when they bee washed, set them on the fire, and boile them very tender: pill off the outermostskin of them, but see you breake them not; and as you pare them, put them into cold water, and let them remaine there till all be finifhed : and then you must take to every pound of roots, three quarters of a pound of clarified Sugar, & boile it almost vnto the height of a fitup, and then put in your roots, but looke that they boile very gently together, with as little firring as may bee, for feare of breaking, vntill they bee enough:

and Gentlewomen. enough: and when they be cold, put them vp, and so keepe them. To preferue Barberries. Ake your Barberries very faire and well-coloured, and picke out euery stone of them, and then weigh them; and to every ounce of Barberries, you must take three ounces of hard Sugar; and with halfe an ounce of the pulp of Barberries, and one ounce of red-role water, you must diffolue your Sugar, and then boile it to a firup: being to boiled, put in your Barberries, and let them boile a quarter of an houre, and then take them vp: and as foone as they begin to wax coole, put them vp, and they will keepe their colour all the yeere. To preferne Gooleberries. 7Ou must take your large Ber-L ries, but not thorowly ripe, and picke off all the stalkes from them,

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and wash them cleane: take a pound of them, and set them on the fire till they be hor, and then take them off, and let the liquor tunne from them: then take ten ounces of hard Sugar, and foure ounces of Sugar-candie, and clarifie it with a pint of water, and the white of an egge, and boile it to a thicke firup: and then put in your Goose-berries, and let them boile a walme or two; and so, betwixthot and cold, put them vp, and keepe them all the yeere.

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Take of your Damsons large and well-coloured, but not therow ripe, for then they will breake, and pick them cleane, and wipe them one by one: then weigh them, and to every pound of Damsons, you must take a pound of Barbary lugar, white and good, dissolved in halfe a pint of more of water: boile it almost

and Gentlewomen.

in your Damsons, keeping them with continual scumming and stirring, and that with a silver spoone; and so let them boile vntill they be enough, vpon a gentle fire: and when they be enough, take them vp, and keepe them all the yeere.

To preserue Raspices.

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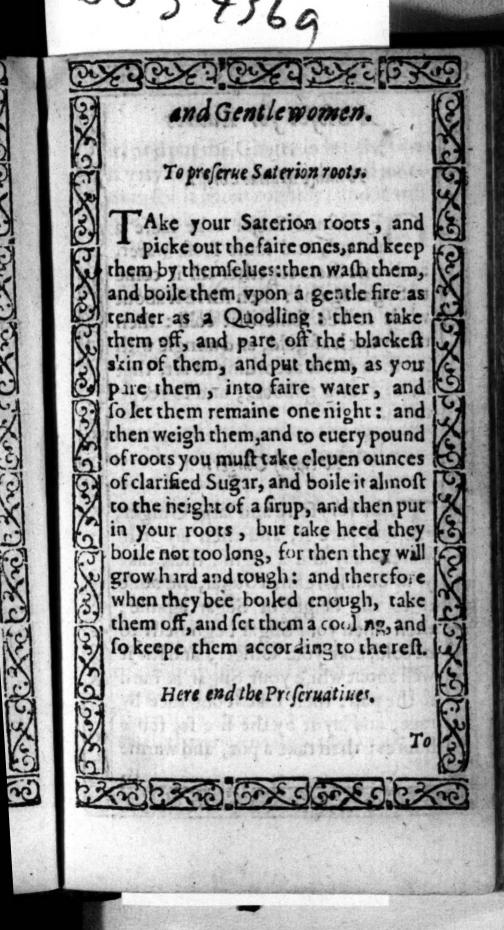
Take of your fairest and well-coloured Raspices, and picke off
their stalkes very cleane: then wash
them, but in any case see that you
bruise them not: then weigh them,
and to enery pound of Raspices you
must take six ounces of hard Sugar,
and six ounces of Sugar-candy, and
clarificit with halse a pint of faire water, and source ounces of inice of Raspices being clarified: boile it to a weak
sirup, and then put in your Raspices,
stirring them vp and downe, and so
let them boile varial they be enough,
that

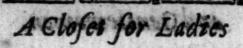
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that is, vhing them as your Cherries, and fo you may keepe them all the yeere.

To preserve Enuls Campana roots.

Take of your Enula Campana Roots, and wash them : Krape them ve y cleane, and cut them thin to the pith, the length of your little finger; and as you cut them, put them into water, and let them lie in water thirty daies, shifting them twice enery day, to take away their bitternesse: weigh them, and to every pound of Roots, you must take twelue ounces of clarified Sugar, first boiling your Roots as tender as a Chicken, and then put them in to your clirified Sugar, and let them boile vpon a gentle fire vntill they be enough : and so let them stand off the fire a good while, and betwixt hot and cold put them vp to your vfe.





To make Manus Christia

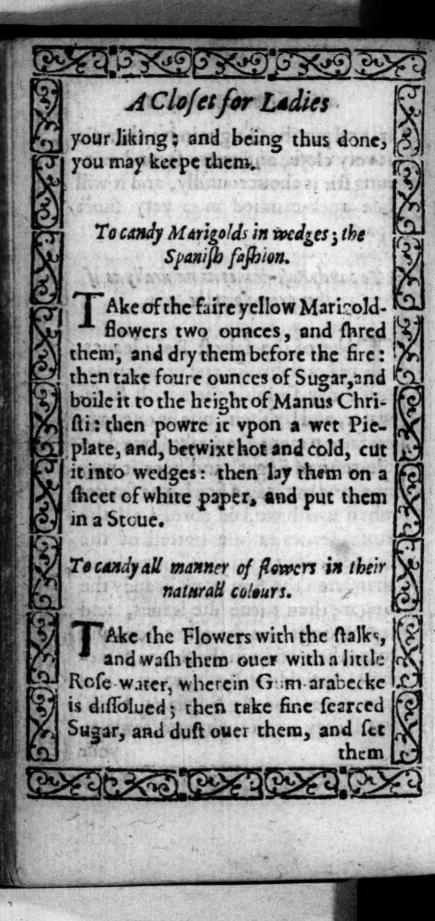
OF refined Sugar take halfe a pound, and some Rose water, and boile them together till it come to Sugar againe: then stirre it about while it bee somewhat cold: then take your leaf-gold, and mingle with it: then call it according to art, that is, in round gobbets, and so keepe them.

To candy Ginger!

tweight inem, and to entery pound

Tand pare it, and then lay it in water a day and a night: then take your double-refined Sugar, and boile it to the height of Sugar againe: then when your Sugar beginneth to be cold, take your Ginger, and fir it well about while your Sugar is hard to the pan: then take it out race by race, and lay it by the fire for foure houres: then take a pot, and warme

and Gentlewomen. it, and put the Ginger in it: then tie it very close, and enery second morning ftir it about roundly, and it will bee rock-candied in a very short space. To candy Rose-leaves as naturally as if they green upon the trees. Ake of the fairest Rose leaves, L red or damaske, and on a Sunnethine day sprinkle them with Rosewater, and lay shem, one by one, vpon faire paper: then take fome double-refined Sugar, and bear it very fine, and put it in a fine lawne fearce: when you have laid abroad all the Rose leaves in the hottest of the fun, fearce fugar thinly all ouer them; then anon the Sunne will candy the Sugar; then turne the leaves, and fearce Sugar, on the other fide; and turne them often in the Sunne, lometimes sprinkling Rose water, and fometimes feareing Sugar on them, vntill they be enough, and come to



and Gentlewomen. them a drying on the bottome of a Sine in an Ouen, and they will glaffer as if it were Sugar candy and your i To candy all forts of Flowers, Fruits, and Spices, the cleererock-Candy T Ake two pound of Barbary Sugar great grained, clarified with the whites of two Egges, and boile it almost as hie as for Manus Chrifli: then put it into a pipkin that is not very rough: then put in your Flowers, Fruits, & Spices, and fo put your Pipkin into a Still, and make a small fire of small coles vnder in and, in the space of twelue daies, it will be rock-candied. To candy Eringo roots. . salaz Sugar : clarific it well and Ake your Eringo ready to bee preserved, and weigh them, & to cuery pound of your roots, you must take of the pureft Sugaryon can get

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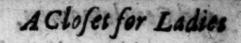
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two pound, and clarifie it with the whites of eggs exceeding well, that it may bee as cleare as Grystall, for then it will bee very commendable: it being clarified, you must boile it to the height of Manus Christi, and then dip in your roots, two or three at once, till they be all candied, and so put them in a Stone, and keepe them all theyeere.

To candy Enula-Campana.

Take of your fairest Enula Campana roots, and take them cleane from the sirup, and wash the Sugar off them, and dry them againe with alinnen cloth; then weigh them, and to every pound of roots you must take a pound and three quarters of Sugar: clarifie it well, and boile it to the height of Manus Christi, and when it is so boiled, dippe in your roots, three or source at once, and they will candie very well; and so

7560 and Gentlewomen. stoue them, and keepe them all the yeere. mirodipod comar To To candy Violet flowers. Ake of your Violet flowers that are good and new, and well coloured; and weigh them : to enery ounce of your Violet flowers you must take foure ounces of refined Sugar, which is very white and le faire grained, and diffolue it in two ounces of faire running water, and so boile it till it come to Sugar againe; but you must feum it often, left it bee not eleere enough : when it is boiled to Sugar againe, then take it off, and let it coole, and then put in your violet flowers, firring them together till the fugar grow hard to the pan : this done, put them into a box, and keepe them in a flour. If grantless carried Ake of year Rolemany Flowers ready poult, and weapy thous; का एक उद सिंद्रका सिंद्रक



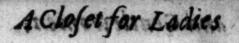
To candy Goofeberries.

Ake of your fairest berries, but they must not bee too ripe, for then they will not be fo good, & with a linnen cloth wipe them very clean, and picke off all the stalks from them, and weigh them: and to eucly ounce of Berries you must rake two ounces of Sugar, and halfe an ounce of Sugar-Candy, and dissolue them in an ounce or two of Role-water, and fo boile them vp to the height of Manus Christi; and when it is come to his perfect height, let it coole, and put in your Berries, for if you put them in hot, they will shrinke, and so stir them in round with a woodden Spatter till they be candied; and thus put them vp and keepe them.

To canay Rosemary-flowers.

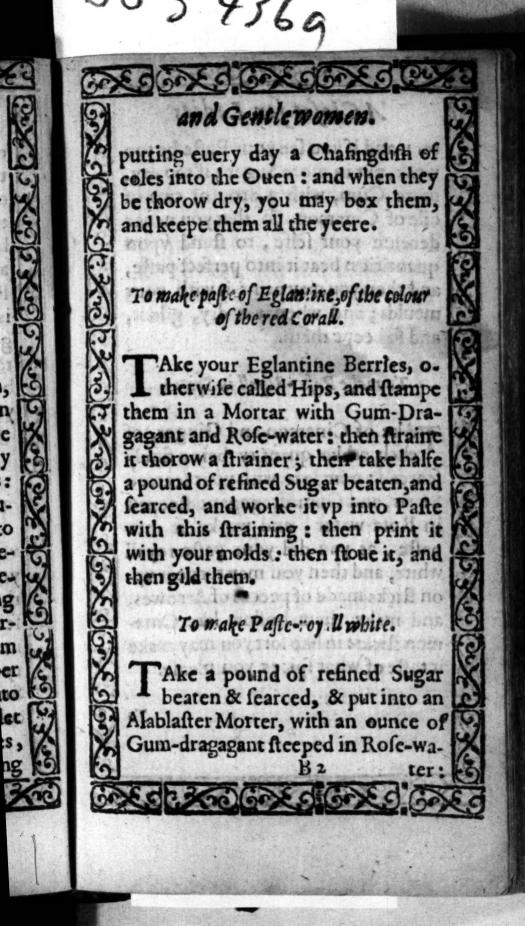
Take of your Rosemary-Flowers, ready pickt, and weigh them; to euery

4560 d Gentlewomen. euery onnce of flowers, you must rake two ounces of hard Sugar, and one ounce of Sugar-Candy, and dissolve them in Rosemary-flower-water, and boile them till they come to Sugar againe: which done, put in your Rolemary-flowers when your Sugar is almost cold, and softirre them together till they be enough, and then take them out, and put them in a box, and keepe them to your vie in your Stouezaup nimedrana has soile them in faire water till they be To candy Borage-Flowers: 100001 ne pulp your a chafudilla of coles: TAke your Flowers, and pick them very cleane, and weigh them, and vie them in every respect as you did your Rosemary-Flowers, saue this. that when they be candied, you must fet them in a Still, and lokeepe them in a facet of white paper, putting euery day a chafindiffa of coles into your Still, and it will be candied very excellently, and that in a short space. Here end the forts of Candying.



To make Paste of Pippins, the Genua fashion, some with leaves, some like Plums, with stalkes and stones in them.

at medicing three more made Ake your Pippins, & pare them, and cut them in quarters: then boile them in faire water till they be tender: then ftraine them, and dry the pulp vpon a chafindish of coles: then weighit, and take as much Sugar as it weigheth, and boile it to Manus Christi, and put them together; then fashion them vpon a Picplate, and put it into an Ouen being very fleightly heat: the next morning you may turne it, and put them off the plates vpon sheets of paper vpon a hurdle, and so put them into an Ouen of like heat, and there let them remaine foure or five daies,



3X10 60X1 A Closes for Ladies ter: and if you fee your Paste be too weak, put in more Sugar; if too dry, more Cum, with a drop or two of cile of Cinamon, fo that you never deceiue your selfe, to stand vpon quantities: beat it into perfect pafte, and then you may print it with your moulds; and when it is dry, gild it, and fo keepe them. To make Pafte-Royall in Spices. TAke of Cinamon and Ginger, of each a like quantity being finely fearced: mingle it with your fearced Sugar, and Gum-dragagant fleeped in Rose-water, and worke it into paste, as you did your paste royall white, and then you may turne it vpon flicks made of peeces of Arrowes. and make them hollow like Cinamon flicks: in like fort you may make it tafte of what spices you please. for Morrow with an oade recording thee need in Role

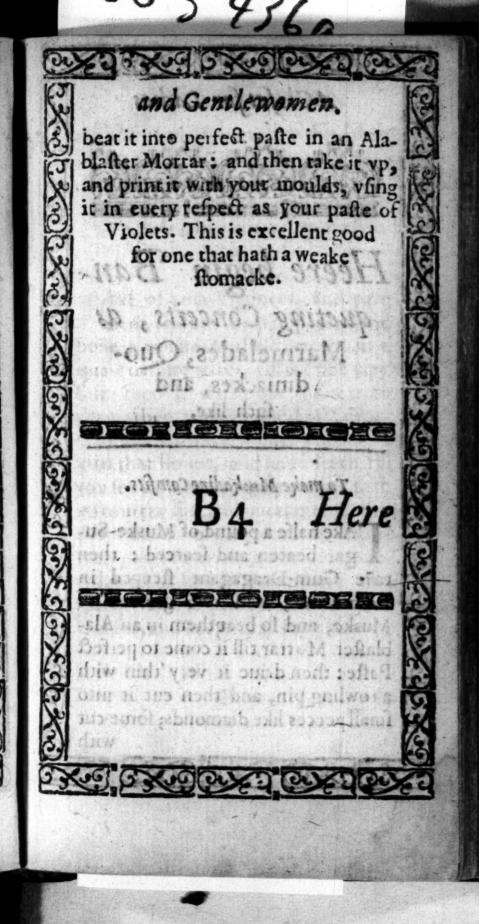
456a and Gentlewomen. To make Pafte of Genuathe true way. Ake two pound of the pulp of Quinces, and as much of Peaches, and straine it, and dry it in a pewter platter vpon a chafindish of Coles: then weigh it, and take as much Sugar as it weigheth, and boile it to the height of Manus Christi, and then put them together, and fo f shion it vpon a Pie-plate, and dry it in an Ouen with a Chafindish of coles, vntill it bee thorow dry: and then, if it please you, you may spot them with gold. all s, To make Pafte of Violets. c 7 Ou must rake of your Violers I that are ready picked, and bruse them in an Alablaster or Marble to Mortar, and wring the juice from them into a Porringer, and put as

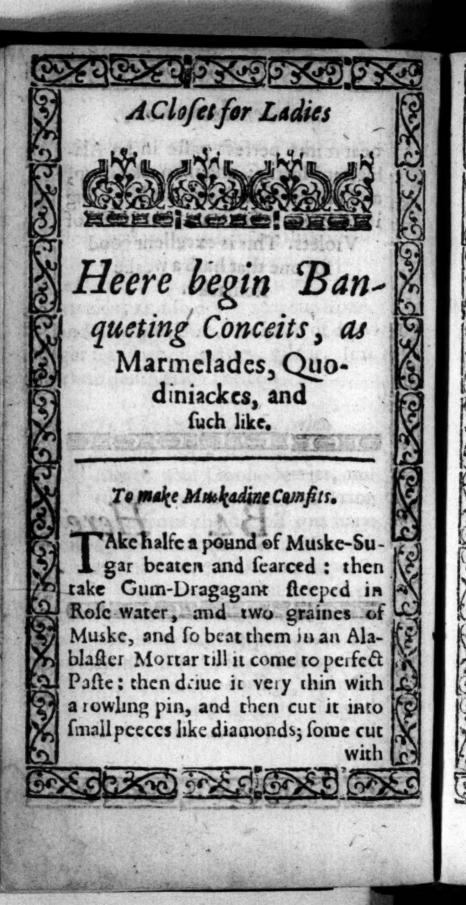
much hard Sugar in fine powder, as that inice will couer: dry it, and then powder it againe, and then take as much Gum-dragagant steeped in Rose-water, as will bring this Sugar into a perfect paste: when it is perfect, take it vp, and print it with your moulds, and so dry it in your stone, and not by the fire, for feare of danger: and when it is dry, gild it. It is a fine banqueting conceit.

To make Pafle of Goofe-berries.

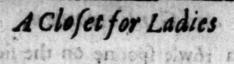
Take of your Goose-berries, and cut them one by one, and wring the juice from them, tall you have gotten so much as you thinke will serue your turne; boile your juyce a little, that it may be thicker; then take as much double-refined Sugar as your juice will sharpen, and dry it as you did for your Violets; and being dry, beat it very fine, and take as much Gum-dragagant steeped in red rose water, as will serue, and

beat





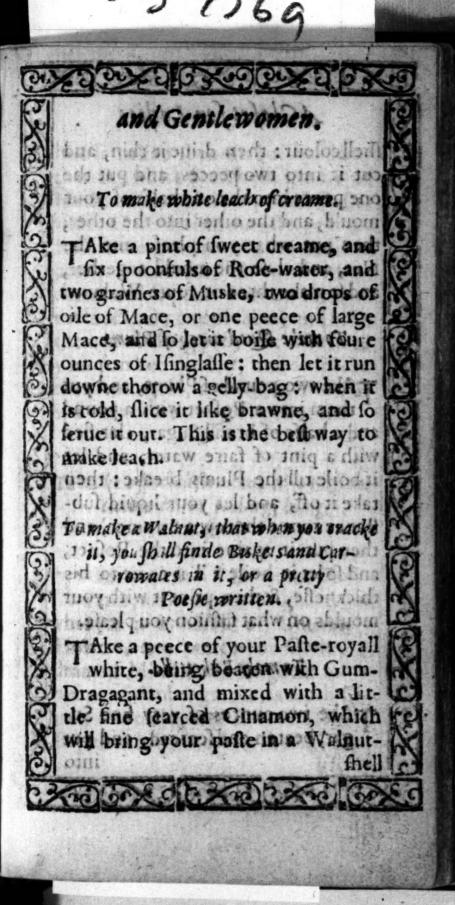
4560 and Gentlewomen. with a rowle spoone on the sides: being thus cut, flows them, and fo keepe them all the yeere. To make Discitonium simplex of Duinces. TAke of your Quinces, and pare them, and cut them in peeces, and boile a pound of these preces in a quart of faire water, till they be very fost: then let the liquor runne from them, then take a pound of Sugar-Candy, and beat it fine, and purit into that liquor, and let it feeth till you fee it fland like gelly: then take it from the fire, and put the ein foure drops of oile of Cinamon and Nutmees, and then put in five and twenty leanes of fine go'd, and flarre it together, and so put it in fi e Crystall Glaffes, and keepe it all the yeere. To

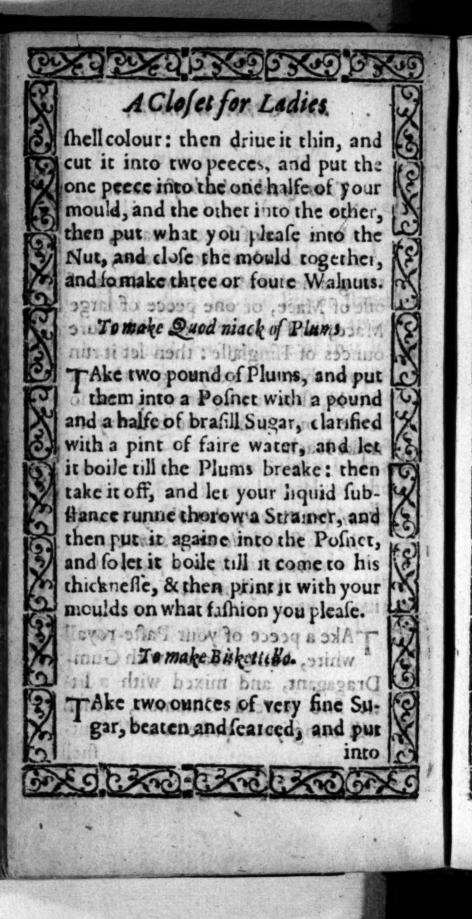


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To make fine cryfall Gelly.

Ake a knuckle of Vealc, and foure Calues feet, and fet them on the fire with a gallon of faire water; and when the flesh is boiled tender, take it out: then let the liquor stand ftill vntill it be cold, then take away the top and the bottome of that liquor, and put the rest into a cleane Pipkin, and put into it one pound of clarified Sugar, foure or fine drops of Oyle of Cinamon and Nutmegs, a graine of Muske, and so let it boile a quarter of an houre leifurely on the fire, then let it runne thorow a gelly bag into a bason, with the whites of two egges beaten; and when it is cold, you may cut it into lumps with a spoone, and so serve three or foure lumps vpon a plate.





1160 and Gentlewomen. into it halfe a spoonfull of Amidum, that is, white Starch; a graine of Muskithen beat it into perfect Pafte, with Gum-dragagane steeped in Rose-water: then make it into little pretty loaues the fashion of Manchers, and so put a Wafer in the bortome of every one of them, and bake them in a baking pan, but take heed your pan bee not hot, and fo specke them with gold, and fo box them. It is a very fine banqueting conceit. To make a special sweet water to perfume clothes in the folding, being ma hed. TAke a quart of Damaske-Rolewatergand pur it into a glaffe, put vinto it a handfull of Lauender-Flowers, two ounces of Orris of dram of Miske, the weight of foure pence of Amber greece, as much Ci-

uet, foure drops of Oile of Cloues; frop this close, and set it in the Sunne

a fort-

A Closet for Ladies

a fortnight: put one spoonfull of this water into a bason of common water, and put it into a glasse, and so spring kle your clothes therewith in your solding: the dregs, lest in the bottome (when the water is spent) will make as much more, if you keepe them, and put siesh Rose-water to it.

Tomake Mosse powder.

a san bee not hot, and lo be

Take two pound of Mosse of a sweene the two Lady-dayes, and insuse in a quart of Damask-rose-water, source and twenty houres: then take it out, and dry it in an ouen upon a Suesbottome, and beat it to Powders put to it an ounce of Lignum Aloes beaten and searcedy two ounces of Orres, a dramme of Musk, halfe adramiof amber graces, a quarter of a dram of Ciuet: put all these into a hot Mortar and Pestle, and beat them together: then scarce

and Gentlewomen. them thorow a coorfe haire fearce, and put it into a bag, and lay it among your clothes, To make Aromaticum Lozenges. TAke of fine Sugar halfe a pound: boile it with Red-rose-water wntill it come to the height of Lozenges; & in the cooling, put in of the spices. of Aromaticum Rofarum, 4. drams, with a little Confectio Alchermes and fo make them into Lozenges. gilding them first, and then cut them square with a knife for that purpose: and when you gild them, if your gilding will not sticke on, wet them gently with a little Rose-water, but not too much, in any cafe. To make a Marchpane, to ice it, and garnish it after the Art of comfit making. Ake two pound of small Almonds blanched, and beaten into perfect

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A Closet for Ladies

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paste, with a pound of Sugar finely searced, putting in now and then a spoonfull or two of Rose-water, to keepe it from oiling; and when it is bearen to perfect Paste, roule it thin, and cut it round by a Charger: then set an edge on it, as you do on a Tari; then dry is man Ouen or a baking Pan; then ice it with Rose-water and Sugar, made as thicke as Batter for Fritters; when it is iced, garnish it with conceits, and sticke long Confits in it, and so gild it, and serue it.

To make all forts of banqueting Conceits of March-pane stuffe, some like Pies, Birds, Backets, and such like, and some to print with moulds.

Take a pound of Almond Paste made for the Marchpane, and dry it on a Chasingdish of coles, till you see it wax white: then you may print

and Gentlewomen. p int some with Moulds, and make some with hands, and so gild them: then floue them, and you may keepe them all the yeere. They bee excellent good to please children. To make all kinde of birds and beafts to stand on their legs, in cast-morke. TAke Barbary-Sugar, clarifie ir, and boile it to the height of Manus Christi: then poure it into your moulds, they being feafoned as for your Quodiniack: let them stand a quarter of an houre, and they will be cold, and then you may take them out, and gild them. and let it in an Ocean and To cast all manner of futage bollow in turn'd worke, and put them in their colours, as Orenge , Lemmons, and thel ke. Akeyour Sugar being boiled to the height of Manus Christi, and

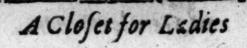
A Closet for Ladies

put it into your Alablaster moulds, being made of three peeces: morne it round about in your hand, while it is hot; and when it is cold, take it out, and put them in their naturall colours.

To make Prince-bisket-bread.

Ake a pound of very fine Flower, I as much Sugar thorowly fearfed, one ounce of Annifeeds cleane pickt, take eight Egges, and a spoonfull of Muskadine, and beat all into batter as thicke as for Fritters: beat it thus in a Bowle one Woure : then put it into your coffins of place, or frames of wood, and fet it in an Ouen, and let it remaine there one houre: you may flice some of them when they bee a day old, and dry them againe vpon a hurdle of Wicker: you may also take one of your leaves, and wash it ouer with the yolke of an Egge beaten with a little Rose-water, and while it is greene, cast Biskets

and Gentlewomen. and Carrowaies on it, and a little white Candy, and it will shew as if it did haile on it: then spor it with gold, and give it to whom you pleafe. To make the whall Bisket fold at Comfit-makers. Ake a pecke of flower, and foure Lounces of Coriander feed, one ounce of Annifeed, take three Egges, three spoonfuls of ale-yeast, and as much warme water as will make it as thicke as Paste for Manchets: make it in a long Rowle, and bake it in an Quen one houre; and when it is a day old, pare it, and flice it, fugarit with fearced Sugar, and put it againe into the Ouen; and when it is dry, take it out, and new fugar it againe, and so box it, and keepe it.

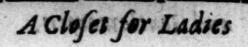


To make an especiall sweet Powder for sweet Eags.

TAke of the purest orris one pound, of Red and Damaske Rofe-leaues, of each two ounces, of Cloues three drams, Coriander seed one dram, Ciprus and Calamus of each halfe an ounce, Benzoin and Storax of each three drams; beat them all fage the Benzoin and the Storax, and powder them by themselues, and mix it with the rest of the powder; then take of Muske and Ciuet, of each twenty graines, Amber greece ten graines, mix these with a little of the foresaid powder with a warme Peftle, and fo by little and little you may mix it with all the reft, and fo with Rofe-leaves dried you may put it vp into your fweet Bags, and fo keepe them feuen yeeres.

To

and Gentlewomen. To make an excellent Marmelade, which was ginento Queene Mary for a New yeares gift. TAke a pound and a halfe of Sugar: boile it with a pint of faire water, till it come to the height of Manus Christi: then take three or foure small Quinces, one good Orengepill, both very well preferued and finely beaten, and three ounces of Almonds blanched; and beaten by themselves, Etingo roots preserved two ounces and a halfe, ftir the fe with the Sugar till it will not flicke: and then, at the last, put in of Muske and Amber dissoluted in Rose water, of each four graines of Cinamon, Ginger, Cloucs and Mace, of each three drams; of Oile of Cinamon two drops: this being done, put it into your Marmelade Boxes, and forpres fent it to whom you pleafe. It is mod other powder mixir: and lowith a orand of fine layar diffolood in उद्देश दिन्स्त दिन



To make another fort of Marmelade very comfortable for any Lord or Lady what seener.

TAke of the pureft greene Ginger, fix drams; of Eringo and Saterion roots, of each an ounce and a halfe: beat these very finely, & draw them with a filuer Spoone thorow a haire searce: take of Nut-kernels and Almonds blanched, of each an ounce, Cocks stones halfe an ounce, all Reeped in hony twelve houres, & then boiled in milke, and bearen and mixed with the rest then powder the feeds of red Nettles, of Rocker, of each one dram; Plantane feeds halfe a dram; of the belly and backe of a fish called Scincus marinus, three drams; of Diafaterion, foure ounces; of Gantarides, adde a dram: beat these very finely, and with the other powder mix it : and fo with a pound of fine fugar dissolued in Rose-

and Geptlewomen water, and boyled to Sugar againe, mingle the powder and all the reft of the things, putting in of leafe gold fix leaues; of pearle prepared, two drammes, Oile of Cinamon fix drops: and being thus done, and well dried, put it vp in your Marmelade boxes, and gild it, and fo vieit ar your pleafure. To make a blanch for any Ladies face. 100 s. va belle elle of the control of the soul TAke of white Tartar two drams, Camphire one dramme, Coperas halfe a dramme, the whites of foure Egges, juice of two Lemmons, oile of Tartar foure ounces, Plantane water as much, white Mercury a peniworth, bitter almonds two ounces; all must bee powdred and mixed with the oile and water, and then boiled upon a gentle fire, and straine it, and to keepe it: the party must rubher face with a fearlet cloth, and

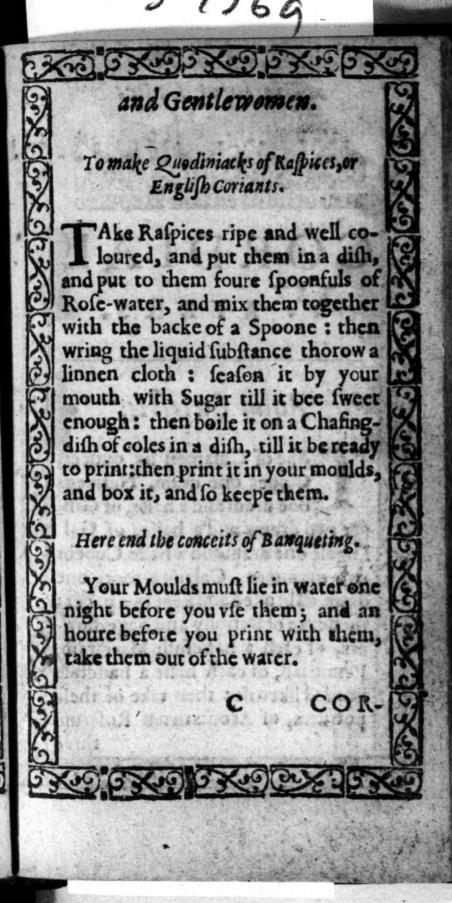
A Closet for Ladies

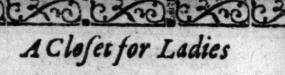
then over night wash her with it, and in the morning wash it off with bran and white wine.

To make printed Quediniacks of Quinces, aruby colour.

TAke two pound of Quinces pared, and cut in small peeces, and put them into a Posnet with three pints of faire water, and fo let them boile till they bee tender: then put into them a pound of Sugar, and let it boile till the fruit fall to the bottome of the Pan: let the liquor run thorow a strainer into a Bason, and put itinto afaire Posnet, and let it boile till it come to his colour and thickneffe: then print it with your molds: you shall know when it is ready to print, by rolling a little vpon the backe of a Spoone; and if you fee it will fland, and not run downe, print it. In like fort you may make your Quodiniack of Pippins; your Pippins will hold all the yeere.

To







CORDIAL WATERS.

Aqua Calestis.

Ake of Cinamon fix ounces, Cloues one dram, Nutmegs one dram and a halfe, of Ginger two drams and a halfe, of Gallingale one dram and a halfe, Cubebs two drammes, Calamus-roots one dram, all bruifed and kept in a paper: then take of Bettony and Sage-flowers, of each a handfull; Marioram, Penniriall, of each halfe a handfull, bruifed likewife: then take of these powders, of Aromaticum Rosarum three

and Gentlewomen. three drams; Diambræ, Diamargariton frigidum, Diamolcum dulce. of each a dram, and a halfe : you must put all these into a gallon of spirit of wine, and Reep them three dayes and three nights, shaking them well enery day, and then diftill it in your Limbecks; and when it is diffilled, you must hang halfe an ounce of yellow Sanders, and twenty graines of Muske and Amber in it. portle of Aqui-vital and To make Cinamon water TAke one pound of the best Cinamon you can get : bruile it well, and put it into a gallon of the best Sack, and infuse it three daies and three nights, and then distill it as your Aqua Cœleftis. To make Doctor Steeuens mater. Ake of Rose-leaues on dram, Borage, Bugloffe, Violets, and Rofe-

A Closes for Ladies

mary-flowers, of each a dram and a halfe, Spidenard a dram, Cinamona, ounces, Ginger an ounce, Clouds & Nutmegs, of each halfe an ounce, Cardamons a dram and a halfe, Gallingale two drams, Cubebs a dram, Pepper three drams, Annifeeds, Carroway-feeds and Fennell, of each an ounce, Lignum Alocs halfe a dram, Corall and Pearle in fine powder of each one dram, bruill these, and put them in a pottle of Aqua-vitæ, and a quart of Sacke, vsing it in every respect as your Aqua-Coelestis.

To mak Balme-water.

Take Balme, dry three ounces, Time, Peneriall, of each an ounce, Cinamon foure ounces, a dram of Cardomus, Graines halfe an ounce, sweet Fennell-seeds an ounce, Nutmegs and Ginger, of each a dram, Gallingale one ounce, Calamus and Cyprus, Cubebs and Pepper, of each two drams, of Caper-roots halfe a dram,

and Gentlewomen. dram, of Diptamus one dram: bruise these things, and put them to a pottle of Sack, and steepe them 24. houres, and then vie it as the former waters. Angelica water. TAke Cardus dry a handfull, Angelica roots three ounces, of Myrrh one dram, Nurmegs halfe an ounce, Cinamon, Ginger, of each foure ounces, Saffron one dram & a balfe, Cardomons, Cubebs, Gallingale and Pepper, of each a quarter of an ounce, Mace two drams, Graines one dramme, Lignum Aloes, Spikenard, Iuncus Odoratus, of each a dram; Sage, Borage, Bugloffe, Violets and Rofemary flowers, of each halfe a handfull; bruise these, and fleep them in a pottle of Sack twelve houres, and diffill it as the reft. Rosa-solis. TAke Liquorice eight ounces, Annifeeds, Carroway, of each an ounce, Raifons stoned, Dates, of each 3. ounces, nutmegs, ginger, cinamon,

A Closet for Ladies

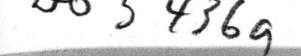
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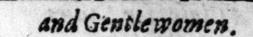
Mace, of each halfe an ounce, Gallingale a quarter of an ounce, Gubebs one dram. Figs two ounces, Sugar foure ounces: bruile these, and distill it with a gallon of Aqua-vitæ, as the rest: but when it is distilled, you must colour it with the herbe Rosa-solis, or else Alkanet root.

Wormewood-water.

Take of Wormewood two ounces and a halfe; Sage, Bittony & Rue, of each halfe a handfull, Rosemary tops a handfull, Cinamon 3. ounces, Nutmegs halfe an ounce, Cloues and Mace, of each halfe a dram, Ginger an ounce; Gallingale, Cubebs and Spikenard, of each a dramme and a halfe, of Scordium halfe a handfull: bruise these, and put them into a pottle of Sacke, and a pint of Aquavitæ, and steepe them source and twenty houres, and d still them as the rest.

HERE



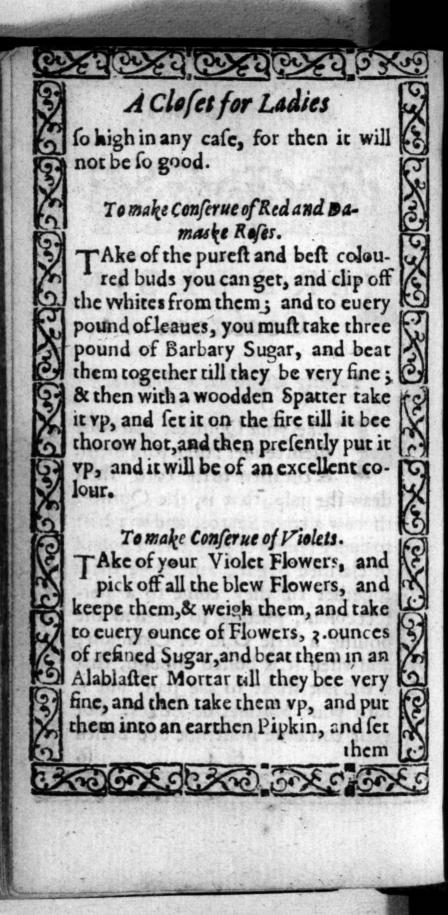




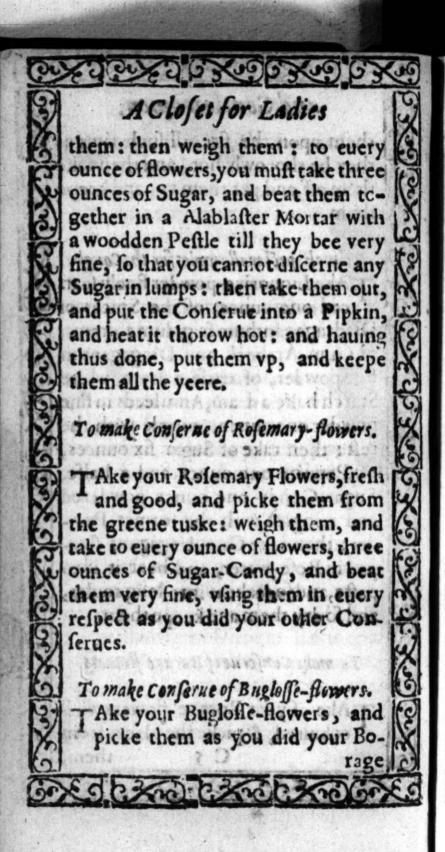
HERE BEGIN Conserues.

To make Marmelade of Quinces.

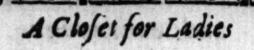
Ake your Quinces, and boile them tender: then pare them, & cut them to the core then draw the pulp, that is, the Quince, thorow a haire Searce, and weigh it: to euery pound of pulp, take a pound of clarified Sugar, and boile them together till they come to a perfect colour, putting to them in the boiling a little Oile of Cinamon; and when it is boiled enough, that it will not sticke to the pan, put it into your Marmelade-Boxes. But your conserue must not bee boiled



and Gentlewomen. them upon the fire till fuch time as they be thorowly hot, and then take them off, and put them vp, and keepe them. To mak : pectorall rowles for the Cough. Ake Liquorice-powder finely fear. ced one ounce, of the Spices of Diadragaganthum frigidum a.drams, of Gum-Arabeck and Dragagant in fine powder, of each a dram, white Starch halfe ad: am, Annifeeds in fine powder one ounce, mingle with the rest: then take of Sugar fix ounces, of Pennits one ounce and a halfe, Sugar-Candy one ounce powdered and mingled with the former Powder: then take Gumdragagant fleeped in Rofe-water, and beat it into pafte, and fo make at into long roules, and fo dry them and keepe them. To make Conscrue of Borage flowers. Ake of your Borage flowers well coloured, & picke the blacks from



4360 and Gentlewomen. rage Flowers, and then weigh them, and to every ounce of Flowers, you must take two ounces of hard Sugar, and an ounce of Sugar-Candy, and beat them together till they be exceeding fine, and then fet them on the fire, to disfolue the Sugar; and when it is diffolued, and the conferue hor put it vo and keep it all the yeere. To make a Pomander. TAke of Beazon one dram and a halfe, of Storax halfe a drain, of Lignum Aloes in fine powder halfe a scruple, of Labdanum halfe an ounce: powder all these very fine, and searce them thorow Lawne: and then take of Muske a dram, Ambergreece ten grains, Ciuer ten graines, and diffolue them in a hot Mortar with a little Rose-water, and so make them into a Pomander, putting into it fix graines of Ciuet.



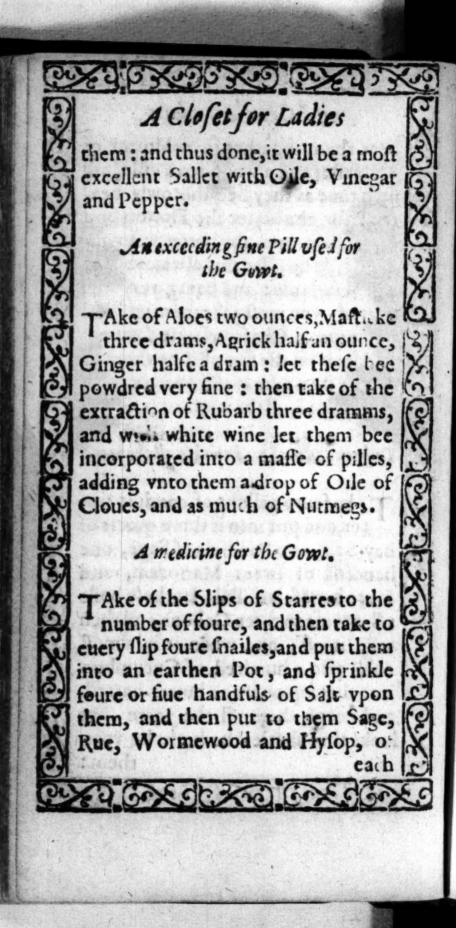
To make conferue of Barbervics.

Take of your Barberries which are very red and ripe, and picke them from the stalks, and then wash them, and put vnto them a pretty deale of faire water, and set them on the fire in an earthen pan, and so scald them; and being thorowly scalded, pulpe them thorow a fine Searce, and to every pound of Pulp, take a pound of powder-Sugar, and boile them till it be enough, that is, till it will cut like Marmelade.

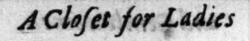
To make Conferue of Cicbory flowers.

Take of your Cichory flowers new gathered; for if you let them lie but one houre or two at the most, they will lose their colour, and doe you very little service: therefore weigh them presently, and to every ounce of flowers, you must take three ounces of double-refined Sugar, and beat

and Gentlewomen. beat them together in a Mortar of Alablaster and a woodden Pestle, till fuch time as they bee thorowly beaten: for, the better the Flowers and Sugar be beaten, the better will your Conserue be; let this alwaies be for a generall rule: and being very well brayed, you must take them vp, and put it into a Chafer cleane scoured, and fet it on the fire till it be thorowly hot: then take it off, and put it vp, and keepe it all the yeere. To keep Cucumbers in pickle all the yeere. TAke foure gallons of conduit water, and put into it three quarts of bay. Salt, two handfuls of Sage, one handfull of sweet Marioram, and foure handfuls of Dil: let these boile till it come to three Gallons, and then take it off; and when it is almost cold, put a hundred of Cucumbers into that liquor, into a butter-barrell, and keepe them all the yeere, but looke that alwaies the herbs lie vpon them:



4360 and Gentlewomen. each foure handfuls, and so distill them; and when you have distilled them, put to them a quart of Wine-Vinegar, wherein an ounce of white Mercury is diffolued, and so bathe the place infected with the Gowt, and it will ease them presently. To make Sirup of Pomcitrons. TAke Pomcitrons, and cut them in halues, and juice them, but beware you wring them not too hard, left it be flimy; and then take to cuery pint of juice three quarters of a pound of refined Sugar, and boile it in an earthen Pipkin till it come to the height of a Sirup, and take heed in any case that you boile it not on too hor a fire, left it burne : and then, when it is boiled enough, put it vp, and keepe it all the yourc. House of it oliod again h



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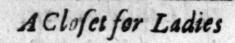
To make Sirup of Violets.

Take your Violets, and picke the Flowers, and weigh them, and then put them into a quart of water, and sleepe them upon hot embers, until such time as the Flowers bee turned white, and the water as blue as any Violet: then take to that a quart of insusion, & take soure pound of clarified Sugar, and boile it till it come to a strup, scumming and boiling them upon a gentle sire, less it turne his colour: and being boiled, put the Sirup up, and keepe it.

To make Sirup of Liquorice.

Ake your Liquorice eight ounces, & scrape it very cleane, and bruise it very well, and maiden-haire one ounce, Anniseed and Fennell seed, of each halfe an ounce: steep these in source pints of raine-water halfe a day, and then boile it to a quart: then

and Gentlewomen, then take a pound and a halfe of clarified Sugar, and boile it with that liquor till it come to a firup, and then put it vp, and keepe it. To make firup of Hore-bound. TAke of Hore-hound two handfuls, of Colts-foot a handfull, of Time, Pennirialland Calamint, of each two drams, of Liquorice one ounce and a halfe, of Figs & Raifons of the Sunne, of each two ounces, Piony kernels a quarter of an ounce, Annifeeds and Fennell feeds, of each a quarter of an ounce : boile these in a gallon of faire water, till it come to a pottle or three pints, and then strain it, and take three pound of Sugar, and three Egges, and clarifie that liquer, and so boile it to a sirup, and lokecpe it all the yeere.



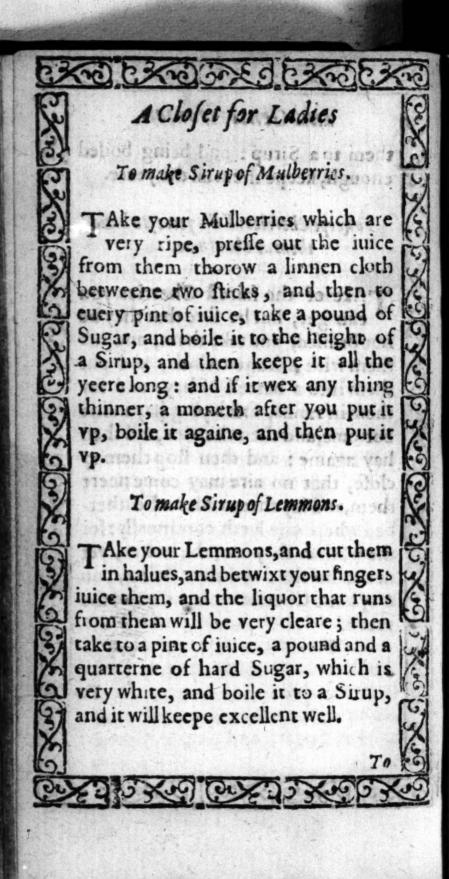
To make Sirup of Maiden-baire.

Take of Maiden-haire fix ounces, of Liquorice one ounce, scraped and sliced: steep these 24. houres in foure pints of Conduit water, and then boile them to a quart, and then take two pound of clarified Sugar, and boile it with that liquor vpon a gentle fire of Charcoles, till it come to a Sirup, scumming it very esten, that it may bee the cleerer; for, the cleerer it is, the better it is: and being boiled enough, put it vp.

To make Sirup of Hysop.

Take of Hysop one handfull, of Figs, Raisins, Dates, of each an ounce, of Calamint halfe a handfull, of French Barley one ounce: boile these in three pints of water to a quart, and then straine it, and then clarifie it with the whites of two Egs, and two pound of Sugar, and so boile them

4360 and Gentlewomen. them to a Sirup: and being boiled enough, keepe them all the yeere. To keepe Cherries all the yeere, to have them at Christmas. Ake of the fairest Cherries you can get, but be fure that they be not bruifed, and take them, and rub them with a linnen cloth, and put them into a barrell of hay, and lay them in ranks, first laying hay in the berrome, and then cherries, and then hay againe: and then stop them vp close, that no aire may come neere them, and lay them vnder a Featherbed where one lyeth continually: for the warmer they are, the better, yet neere no fire; and thus doing, you may have Cherries at any time of the THE PARTY RATES IN THE er, according to



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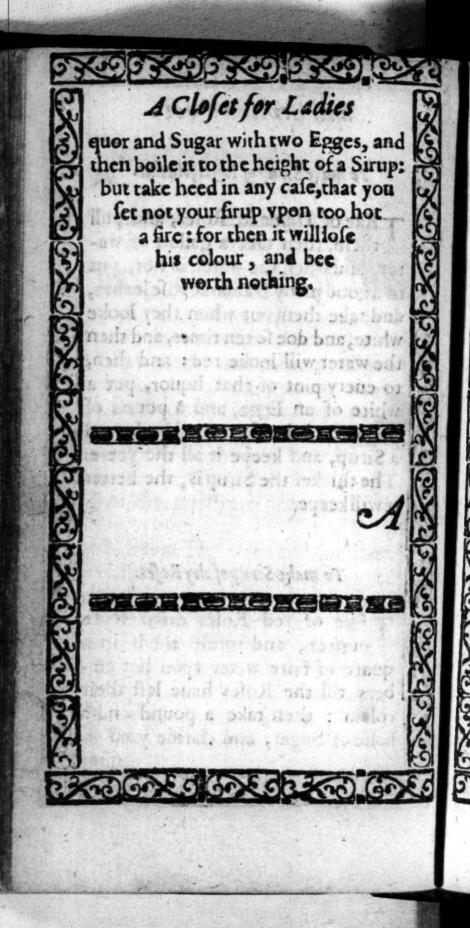
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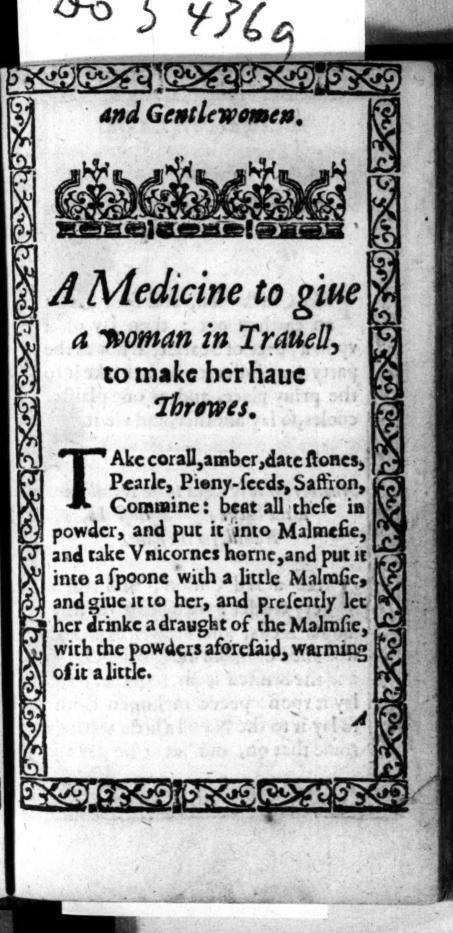
To make Sirup of Rofes foliatine.

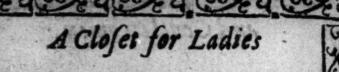
Take of Damaske Roses, and pull them, then take a gallon of water, and when the water is hot, put in a good many Damaske rose leaues, and take them out when they looke white, and doe so ten times, and then the water will looke red: and then, to euery pint of that liquor, put a white of an Egge, and a pound of Sugar, and clarifie it, and boile it to a Sirup, and keepe it all the yeere. The thicker the Sirup is, the better it willkeepe.

To make Sirup of dry Roses.

Take of red Roses dried sources, and insuse them in a quart of faire water vpon hot embers till the Roses haue lost their colour: then take a pound and a halfe of Sugar, and clarifie your liquor







A Medicine for the falling downe of the Matrice to the bearing place.

Take Chickweed, and seethe it in an earthen pot: then lay of it vpon a peece of Scarlet, as hot as the party may suffer it: let her take it to the priny place, and as one plaister cooles, so lay another, and vse it.

Another for to be taken to the Navill, and to the backe right against the Navill, for the same.

Take a red Onion, and rost it very tender: then take of Ally-sander seeds, and bruise them in a woodden dish, and mingle the Onion and the bruised seeds together, and lay it vpon a peece of linnen cloth: so lay it to the Nauilla little warme: roule that on, and let it lie on 24. houres,

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4360 1023 CON 30 and Gentlewomen. houres: then change it, and take new one till it be whole. It is good for the Mid-wife to hold Muske below (tied in a little Lawne) to draw downe the childe. Take Torch-wort, and lay a leafe of it to the crowne of a womans head warme, to flay other flowers. A Medicine for a moman after burden, if need be, to bring it downe. TAke Sothern-wood, and wash it cleane, and stampe it, and straine it in strong Ale, and give it her to drinke warme. To flop the Whites in women. Ry Hemlecke in fresh swines greace: lay it as hot as thee may fuffer it, to the secret place. h thels on their backs, to rofement of it fiels, and sent a their together, sclay it to the griefe.



Take Oats and seeth them in water, and where the Tetter is, hold ouer the recke thereof, as hot as may be, laying a cloth ouer it, to keepe in the recke, so that the cloth doe not touch the Tetter: vie this sine times morning and enening.

To make a Sear-cloth for an ach that is newly come,

Take Boares greafe, Camphire and wax, and boile them all together, and so make a Sear-cloth thereof, and lay it to the griefe.

For a Felon or an Handcome.

Take Herb-grace, rusty Bacon, sowre Leauen, and Snailes that be with shels on their backs, taking them out of their shels, and beat all these together, & lay it to the griefe.

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and Gentlewomen.

For to heale any, if they be scalded with hot liquor,

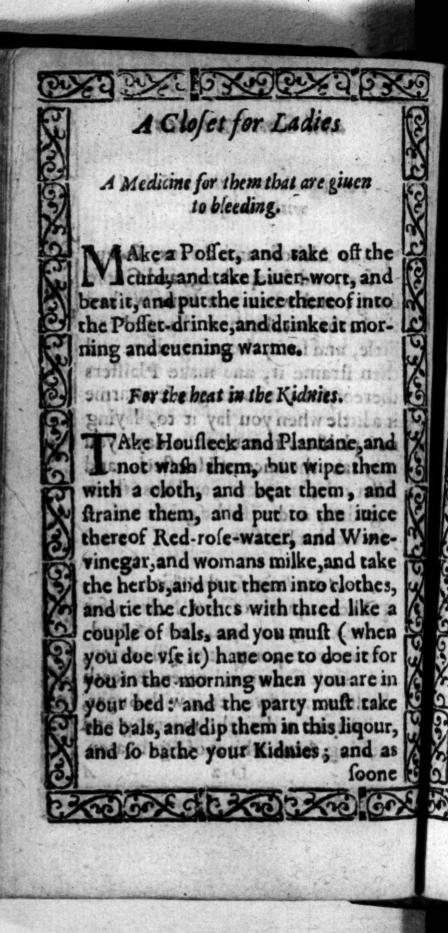
Take Alchofe and Auens, sheeps sure, and sheeps dung, and Goose dung, and when you have washed the herbs, breake them alltogether a little, and so fry them together, and then straine it, and make Plaisters thereof, & lay it to the griefe a warme it a little when you lay it to, laying new plaisters to it twice a day: you may take the juice of Houseek, and sallet oile, and water, and bear them together, and wash the griefe before you vse this Plaister.

A Medicine for the Whites.

ger, and won ans miles, and

Take a quart of new Milke of a red Cow, 10. spoonfuls of Red-rose water, a pomgranet pill beaten, and a little Cinamon beaten, & seeth it halfe away: sweeten it with Sugar, and drinke a draught morning and cuening, & two whites of Egs beaten.

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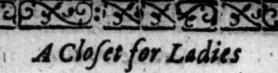


00 5 436 g and Gentlewomen. soone as one of the balls is hot with doing of them, take the other, and fo vie it an houre enery morning. A Med cine for the Stone. Ake Pellitory of the will, Smallage, Hollihockes, Mallowes, Tanfie and Saxifrage, of each a handful!; chop them finall, and quilt them in a little linnen bag : then take 3. pints of creame, halfe a pint of Malmile, a quarter of a pint of running water, and fet them on the fire; and when it doth feeth, then put the bag of herbes into the por; and when the bag is thorowly hor, wring it between two trenchers ouer the pot to faue the liquor: then lay the bag to the griefe as hot as you may fuffer it; and as soone as it cooleth, make it hot againe in the fan e liquor, and lo apply it to the griefe.

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For the Wormes.

Take a handfull of Basill mints, a handfull of Lauender Cotton, as much of Worme-wood, Peach-leaues as much, Fetherfue a handfull, of vaset Leekes a handfull: boile them together in three spoonfuls of Wine-Vinegar, and of his owne water as much, and quilt them in a bag, and so lay it warme betweene his nauill and his stomacke.

To heale a fore breft that comes with the infection of the milke.

Take Mallowes and Saffron, and seeth them in Milke, and when it hath sodden a good while, put in some crummes of leauen bread, and boile them well together; and a little before you take it vp, put some Salkt Oile into it: you must let it boile till it comes to a Poultis, and so lay it warme to your brest: if you perceive that

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and Gentlewomen.

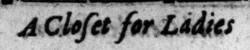
that this will not helpe your brest without it bee broke, you must rost a Lilly root, and lay it to your breft where you will have it breake : and when it is broken, you must rent it with leaven and milke fodden thicke together, and make a Plaisfer thereof, and lay it to the place where it is broken? you must dresse it twice a day, laying the Poultis all about your breft, fauing the place that the Plaister lies on : you must dresse it both with new Poultis and a new Plaister twice euery day, till it begin to heale, and then once a day is sufficient.

To flanch bleeding at the Nose.

Take Bolerminacke, and the white of an Egge, and Vinegar, and beat them together, and make Plaisters thereof, and lay them to your Temples.

or a taking, and out mult pur loss

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To flanch the bleeding of a wound.

that this will not love voir

Ake of wnset Hysop, and bruise it a little, and take the powder of the bone that is to be found in a Capers head, and strew the same powder on the Hysop, and lay it to the wound.

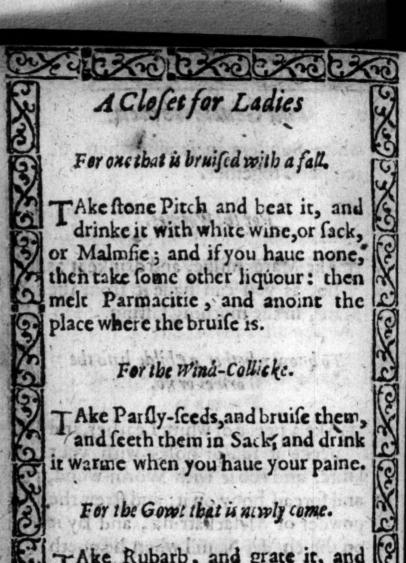
Another for to stanch the bleeding of a wound.

Take Hogs dung hot from the Hog with Sugar, and lay it to the wound

For the weakneffe in the backe.

Take Clary and Dates, and the pith of an Ox, and put them to-gether, and then put them to your creame, and Egges, and grated bread, and fry them together, and strew Sugar on it, and eat it in the morning fasting, and you must put for e white

3 436 a and Gentlewomen. white Sanders in it also when you temper it together. For the Wormes Ake Mares milke, and drinke it as hot as you can haue it from the le Mare, in the morning fasting. To know whether a Childe bath the Wermes or no. TAke a peer cof white Leather, and pecke it full of holes with your knite, and rubit with Worm-wood, and spread hony on it, and frew the powder of Alefackatrina, and lay it on the childes Napill when he goeth to bed, and it he have the Wormes, the plaister will stick fast; and if hee have them not, it will fall off. DS For



Take Rubarb, and grate it, and mingle it with Conserues of red Roses, and eat thereof every morning fasting a prery quantity. 50 3 4369

and Gentlewomen.

A Water to wash a Sore.

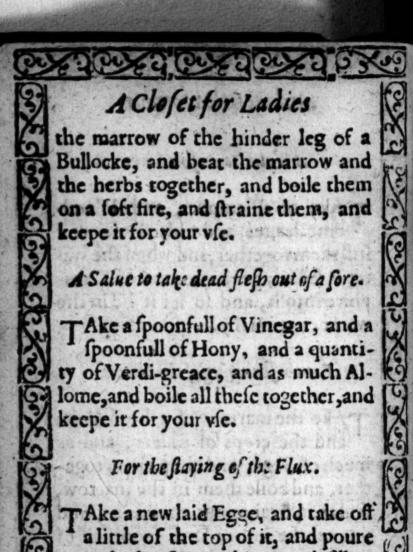
Take of Plantane, and Woodbinc-leaues, and white Roses, and still them together, and when the water is stilled, put a quantity of Camphire into it, and so let it lie in the water continually.

For the firink ng of the Sinus.

Take the marrow of a horse bone and the crops of Elders, and as much of Sage, and chop them together, and boile them in the marrow, and then straine out the herbs, and put to the liquor one spoonful of hony, two spoonfuls of Aqua-composita, and a quantity of Pepper, and boile it agains, & keep it for your vse.

For the Piles.

Take a quantity of Ragwort, and a quantity of ground-luie, and the



Talittle of the top of it, and poure out a little of the white, and fill vp the Egge with Aqua-Composita, and stirre it together, and rost it, and sup vp the Egge in the morning fasting: till you be well vse this.

Another

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and Gentlewomen.

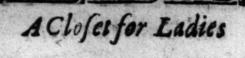
Another for the fame.

Make Rice-pottage with Almond-milke: you must not blanch the Almonds, and make little bals of Virgin-wax: make them lesse then Pease, and when you doe eat of the Pottage, take three or foure of the Balls, and put them in every spoonfull as you doe eat it.

For the Gowt.

Take an earthen pot, and put into it a quart of Aqua-Composita, and take two handfuls of Henbane, and break it, and put it into it, and set the pot in the earth all the month of May, and it will come to an Oile; and at the end of May, you must take it vp, and keepe it for your vse: you must couer the pot very close when you set it in the ground; and when you anoint the griefe therewith, you must doe it against the fire.

For



For the Piles.

Take Martlemasse beefe, and dry it, and beat it to powder, and then put it into a chasindish of coles, and set it in a chaire, and sit ouer it.

Fer an Ague. Decree 4.

all month and been willed and

If it be for a childe, take two spoonfuls of good Ale, and seeth it, and scum it, and one spoonfull of the Sirup of Roses, and let him drinke it sukewarme: if for an old body, then take three spoonfuls of good Ale, & two spoonfuls of the Sirup of Roses.

To make a fresh chiefe.

Take a quantity of new Milke, and fet it on the fire, and let it boile, and take halfe a dozen yolkes of Egs, and beat them, and stir them in the milke on the fire: then take it off the fire, and keepe it stirred till it be luke-

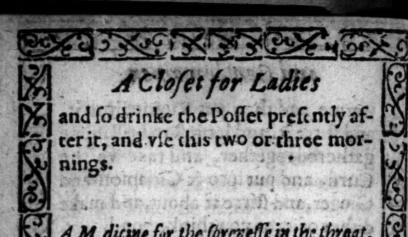
warme,

And Gentlewomen.

warme, and then put Runnet into it, and stirre it, and let it stand till it bee gathered together, and take vp the Curd, and put into it Cinamon and Ginger, and stirre it about, and make dishes of it, as you thinke good.

A Medicine for a pestilent Ague, or to drive any thing from the beart.

Make a Posset with white wine, & take away the curd, & take horse dung of a stone-horse, as hot as you can get it from the horse, and straine it with the Posset-drinke, and put a little Methridate, and Cardus Benedictus water, and Vnicornes horne; and if you have no Vnicornes horne; and if you have no Vnicornes horne, then put luory or Sea-horse tooth, and give it to the sick to drink fasting in the Morning, warming it, and you must put the Vnicornes horne into the spoone, and take it with some of the Posset-drinke, and



A M. dicine for the forenesse in the throat, that commeth with the Rheume.

Take halfe a pint of Hony-sucklewater, and two lewes cares, of Plantane and Sinkfield halfe a handfull, and a few Columbine leaues: these must bee sodde with as much white Sugar-Candy as will bring the liquor to a Sirup: you must put in a little Howell, Cinamon, and so take it in the morning, and in the euening, and at such times as your throat is dry.

Another for the falling of the Enalow, or other paine in the throat.

Take a handfull of red Sage, a specce of leavent

and Gentlewomen. leauen : boile these in a little new milke till it be thicke then lay it on foure fine clothes, and lay one cloth to the nape of the neck, and another to the throat, and to each temple one, and binde the clothes, and doe this as often as need shall require: for it hath beene proued. A Saine for a greene wound. and is blacke i Take a pound of Ronn name i pound of Wax, foure ounces of old Swines greate, one ounce of Verdigreafe: boile them all together vp on a hor fire, and fraine them. rouleir vp; doe fo till rae Vlo A water to beale all fores in legs, and vicers. Take a pound of Roch-Allome, 4. ounces of greene Coperas: beat them fomewhat small, and put them in a pan on the fire; euer firring them till they bee molten and dived

A Closes for Ladies

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againe ready to be powdred, and beat them again in fine powder, and keep them to your vie. When you will make your water, fet a pottle of faire Conduit water ouer the fire, till it boileth faft: then take it away, and as foone as it leaueth boiling, caft abroad your powder on the water, the which will make it to boile: as long as your water rifeth, fo long cast your Powder in; and when it leaueth rising, and is blacke in the bottome, then ivis perfect : then, if you fee a dangerous fore leg, first cast your powder presently thereon, and lay thereto three or foure fold of linnen cloth wer in water, and roule it vp: doe so till the Vicer bee cleane.

A very good water for a fore mouth.

Take of Conduit-water a pint, one handfull of Hysop, of white wine, and of Almonds a pound, of Roses three ounces: seeth them all together

till

and Gentlewomen. till the herbs be render : then take it from the fire, and straine it, and keep it for your vie: you must alwaies wash your mouth, and rub it after meat. and in the morning. A Castle to breake any swelling that is ready to breake. TAke of Commine, of Hylop, and of quicke lime a like quantity: bray them together in a Mortar, till it be very fine: when you would open an Impostume, lay it as big as an hafell Nut vpon the next place, and binde it very hard, and let it remaine there foure houres: then take it off, for it will make the place dead, and then you may let out the matter without griefe to the patient. A Catitus Plaifter. Ake of Litrage of gold powdred, very fine, comon oile, hogs greafe

A Closes for Ladies

a pound, white Coperas foure ounces: put them all together in a brazen Pan, and feeth it ouer a very fost fire of coles, and try it continually vntill it come to a body; and in the boiling you must cast it into one ounce of good Rose-water, or two, and now and then a spoonfull; and when it is come to a good body, take it off the fire, and stir it till it be cold, and ready to be made up in a rowle, and then make it up.

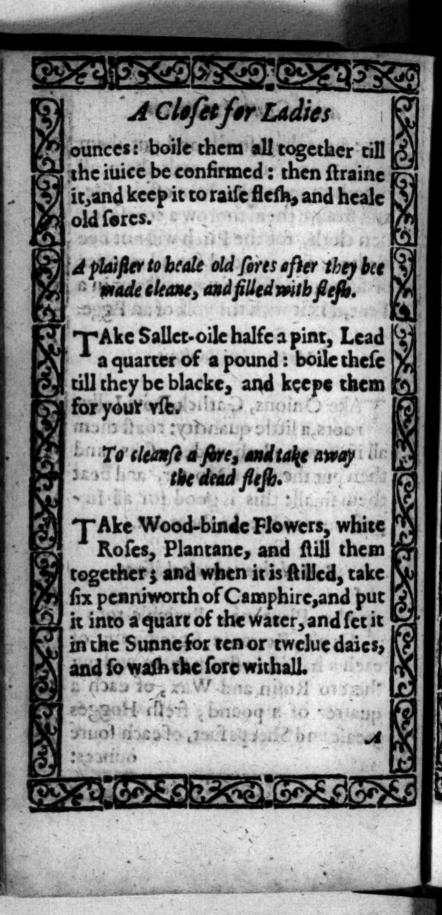
To make Populier.

Take of Populer-buds a pecke, of hogs grease source pound: seeth them both together a quarter of an houre, and then take it off, and strain it: if it bee too thin, put in a lutle Wax.

Basilicon.

Take Pitch, Rosin, Wax, Sheeps Suet, common Oile, a like quantity:

5 6×3 6×3 6×3 and Gentlewomen tity: beat them small, and put them in a brazen Pan, and melt them all. together: then take them off the fire, and straine them thorow a coorse linnen cloth, for the Pitch will not bee molten: this is good for all manner of fores; and when you will put in a Tent, mix it with the yolk of an Egge. Matuyacum Poultnis TAke Onions, Garlick Dow, Lilly roots, a little quantity: roaft them all in a wet cloth under aftes, and then put them in a Mortar, and beat them small: this is good for all Impostumes to breake them out. bucance and fi Medicine to beale old foresa continued of Compine, and put TAke Plantane, Bramble-tops Orpin, Bettonie, Egremonie, of each a handfulle firain them, and pur thereto Rosin and Wax, of each a quarter of a pound; fresh Hogges greafe and Sheeps fuet, of each foure ounces:



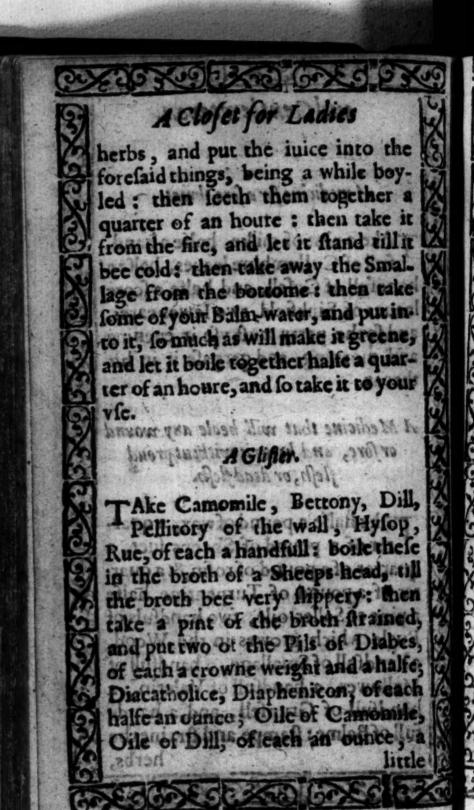
spa Gentlemomen.

A medicine for a fore throat.

Take a pint of milke, halfe a handfull of Collumbine leaves, halfe a handfull of Gafell, and halfe a fcore leaves of Sinkfield, two lewes cares, and so the party must vie it evening and morning, and gargase it in his throat.

A Medicine that will beale any wound or sore, and keepe it without proud flesh, or dead flesh.

Takehalfe a pound of wax, a quarter of a pound of Sheeps fuet, a quarter of a pound of rofin, & a quarter of a pound of Turpentine, halfe a pint of Sallet-oile, two handfuls of Bugle which growes in the Wood, a handfull of Smallage, a handfull of Mallowes, a handfull of Valerin, a handfull of Grunfell, and a handfull of Balme: stampe and straine the herbs,



ind Gentlewome little falt, and a glifter: if you will have it breake wind, put into the foresaid Commine-feed, Fennell-feed, Annifeed, of each bruised two good handfulls, and boile all together, and frain it, and make it as aforelaid, and put in the gliffer. To take away the beat of a burne or out of a scald. of anotted graffe, a quantity Ake egges, and roaft them as hard as a ftone: then take out the yolkes of them: then take a Friing-pan, and put in the yolkes of the hard egges, and fo let it fry till it come to an oyle: then straine it, and annoint the burne withall: then take a bladder, and annoint it with Salletoyle, and lay it to the burne. Tomake another Glifter. TAke running water, two handfulls of Carmon, a handfull of Mallowes, a handfull of Worme-wood, a hand

A Closet for Ladies

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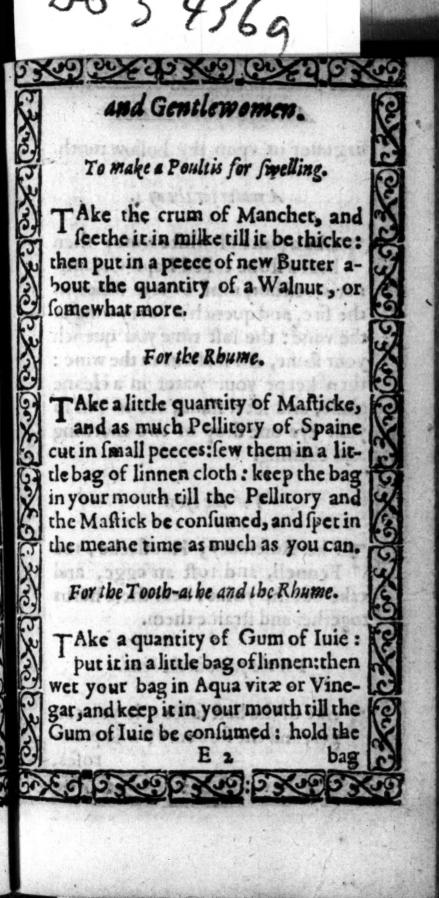
handfull of Mercury, an ounce of Commine, two ounces of Fennell-feeds, two ounces of Annifeeds: beat all your feeds, and fet your hetbes a boiling, and fraine them.

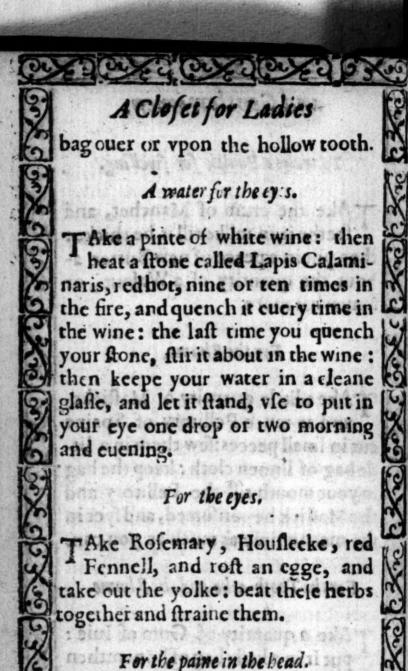
A Medicine for one that is broken.

Take a quantity of Comfrey, a quantity of knotted grafle, a quantity of Riberuorum, and a quantity of Polipody: Rampe them all together, and fraine them in Ale, and then give the patient the same to drinke cold, and trusse him vp with some bolster, and let his diet be but competent, eschewing all slippery meats, as Butter, and such like: provided alwaies, that the Patient keepe his bed six or seven daies, lying vpon his backe, and sometimes hold his belly with his hand.

Charles of Liver

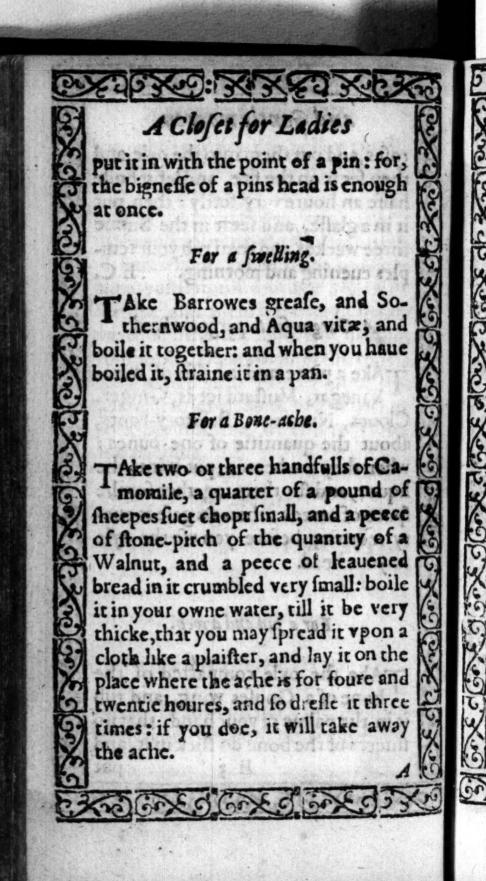
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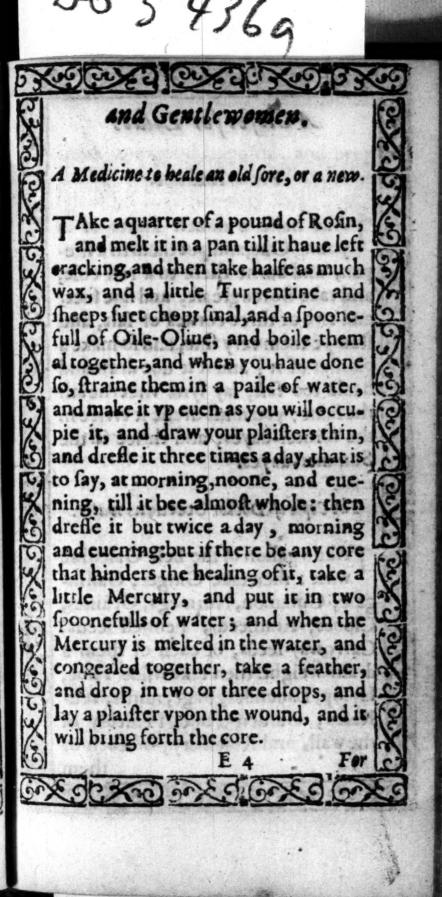


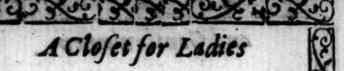


Ake of the best sallet oile you can get, and the flowers of wild prim-

and Gentlewomen roles, and put them into the oyle, and then set it on the fire, and let it boile halfe an houre very foftly: then put it in a glaffe, and fet it in the Sunne three weekes, and then rub your temples euening and morning. A Gargas for to purge the head. TAke a pinte and a halfe of wine-Vinegar, Mustard seeds, Ginger, Cloues, Nutmegs, Pelitory-roots, about the quantitie of one ounce: when they are beaten, put it into the liquor, and ftir them together for the space of a week: then gargase it euery morning before you vie the oyle to your head. For a pin and a web. TAke the oyle compacted of the bone of a Goofes wing, and rub LC it in the palme of your hand, that no shivers of the bone do stick in it, and S CAROLINE







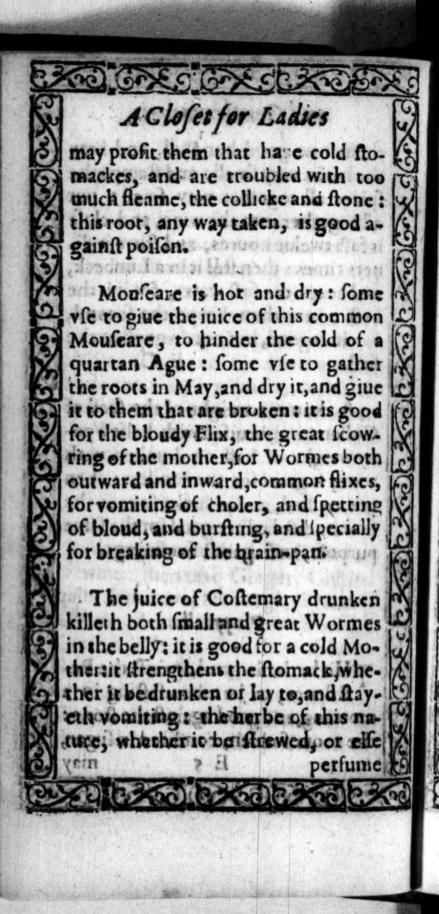
For an Andcome.

Take halfe a dozen knots of a young Oke, and put them in a fire-pan, and burne them to a red cole, and take Bores grease, and fine suet, and two or three cornes of salt, and stampe them very sine, and so make a plaister of it; and if it doe draw and heale too fast, lay lyne vnderneath the salue: you must dresse it twice in the Winter-dayes, and thrice in the Summer-dayes.

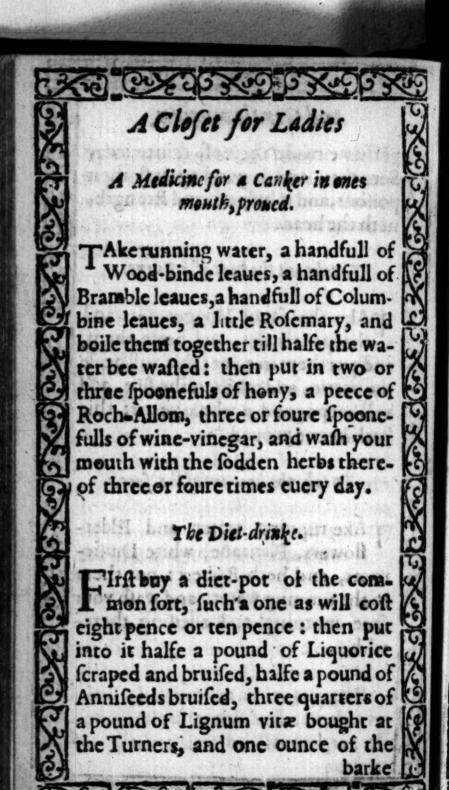
The Copie of Doctor Steenens water.

TAke a gallon of the best Gascoine wine: then take Ginger, Gallingale, Cinamon, Nutmegs, Graines, Cloues, Anniseeds, Fennell seeds, Carroway-seeds, of each of them a dram-weight: then take wilde Time, Hysop, Lauender, Sage, mints, red-Roses, Garden-Time, Pellitory of the wall, and Rosemary, of each of them

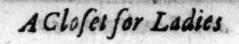
4560 and Gentlewomen them one good handfull, and bray the herbs very small, and stampe the spices all together very small: pur all together into the wine, and close it fast twelve houres, and stirre it diuers times: then still it in a Limbeck, and keepe the first water, for it is the best : and then keepe the second, for it is good, but not so good as the firsten water and : a E. Carrison stati basia wis Susyella ni enc A dramme-weight of the feed of Collumbine, bruifed with halfe a peny weight of Saff on drunken with L wine, is good for the landers: then goe to bed, and prouoke sweat; the flowers distilled are good for the same purpole, and against swounings. The wice of Coffemary drunken remon von Pimpynellining die little in the belly; it is good for a cold Mo-This herbe is good against the Pefilence, to be taken fafting in la morning, and good against the stone: the roots foelden condited in fugar, ६१६% विस्तिति स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्स्वाहित्



and Gentlewomen, perfume made thereof, drives away Serpents, and is good against their poilons, and it helpeth and Rrengthneth the head. o Hickory and a To take out the beat of a Burne. TAke the fat of Hogges guts and theepes trittles, and boile them, and put them in a pot; this will heale the partie, and take out the fire, and will keepe good a whole years; this hath beene proued. hiv-sain in slied Lyty day a day by high To take the beat out of the face. Ake running water and Elderflowers, Plantane, white Daisieroots, and herb-Robert: pur them in the running water, and wash your face morning and cuening thereinto it halfe a pound of Liquidiw feraped and bruiled, halfe a round of Annifeeds bruiled, abree quarrers of as adgued why mung I to baness he Turners, and one ounce of the



456a ED CAO GOX and Gentlewomen. barke of the same wood, which is to be bought at the Apothecaries, halfe a pound of Raisins of the Sunne, the stones taken out; a good handfull of Scabias, an ounce of Chiny, two ounces of Salyprilla, a quantity of white wine: then fill vp your pot with faire water, fauing a pint: then couer your pot with his couer, and close it round about the brim with paste: then set it on a foft fire of coales, and let it boile three houres, till the fourth part be wafted: then put the clearest into bottles, and drinke morning and eyening a good draught, and so do fourteene or afteene dayes. If you put a little of the wood into the fire, and there fry out of it like eyle, then you shall be fure it is good. interior of the littlesself with while the transport and dente in the summe, and farmers road them, and former takes let at our the fire roll you fee in west blacked, but



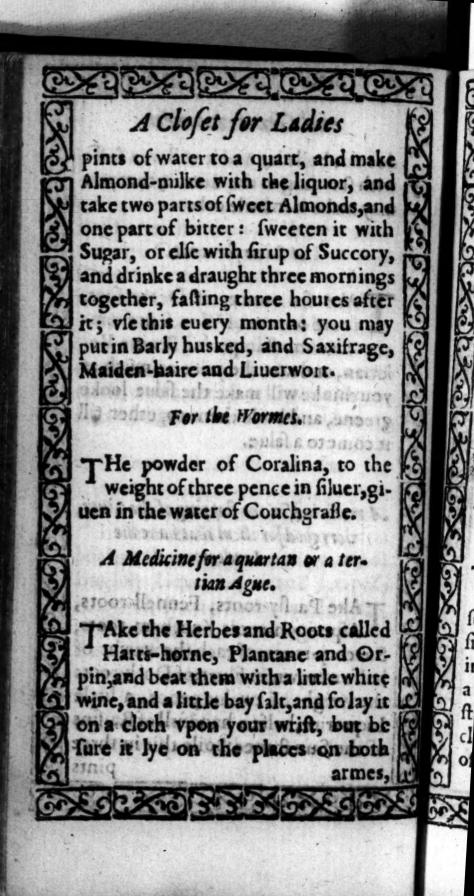
For the bead-ache.

Take two handfuls of Veruine, Betony, Camomile toots, Letruce,
Checmete, of each fort two handfuls,
dried Roses: put them to powder of
Nutmegs: boile this in white wine:
then take out the herbs, and fry them
in Oyle-oliue, and straine them in a
cloth, and make an oyntment thereof, and therewith anoint the head.

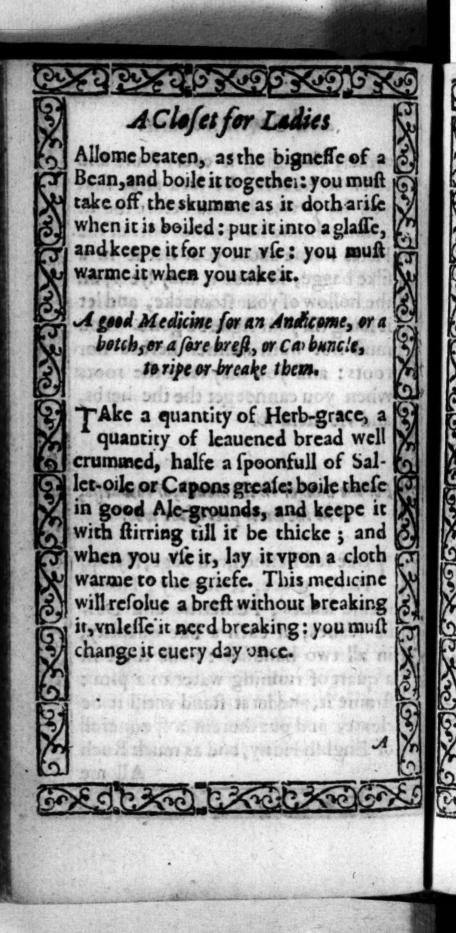
Tomake the Rhume-medicine.

Take five quarts of Hysop-water:
it must be stilled when the Hysop
beareth flowers; and one pound of
English Liquorice cleane scraped,
and cut in little preces: bruise them,
and then put it to the water, and boile
them till halfe be consumed away:
then straine it in shallow pans, and
set it in the Sunne, and stirre it now
and then, and sometimes set it over
the fire till you see it wex blacke, but

and Gentlewomen. doe not boile it, and it will wex stiffe with standing in the Sunne, that you may make it in little cakes. dank of motocut, topone A Salue for a cuts le caricación circo moca mos Ake fix ounces of Deere-fuet, foure ounces of Wax, foure ounces of Rofin: stampe and straine Velerian, and take the juice as much as you thinke will make the falue looke greene, and boile them together till it come to a falue. He powder of Coraina, to the A medicine for the flopping of the Liner, very good for them that have the ret a 14 mais landers, employed ? TAke Pailly-roots, Fennell-roots, Afperigon-roots, Knet ham roots, Succory-roots, of each the weight of halfe a crown in filuers of Dock-roots the weight of twelue pence, a little Liquorice, helfe a handfull of Raifins of the Sun floned boile this in three



and Gentlewomen armes, changing it every foure and twentie houres: be fure also, that you lay it two houres before the fit commeth, and hang nine roots of the Harts horne about your necke in filke bagge, fo that it may lye vpon the hollow of your stomacke, and let it hang till your Ague be gone. You must not wash neither herbes nor roots: and you may take the roots when you cannot get the the herbs, and vie them fo. crumored, balla a foonatus For the Canker in the month, or rawneffe, or in the lower part of the moe. TAke red Fennell, red Sage, Hylop, Herbe-grace, Rosemary, Hony. fuckle leaves, Fetherfue and Daifie leaves, of each a like quantity, in all two handfulls; boile these in a quart of running water to a pint: straine it, and let it stand vntill it be cleare, and put therein a freonefull of English Hony, and as much Roch Allome



~ 56g

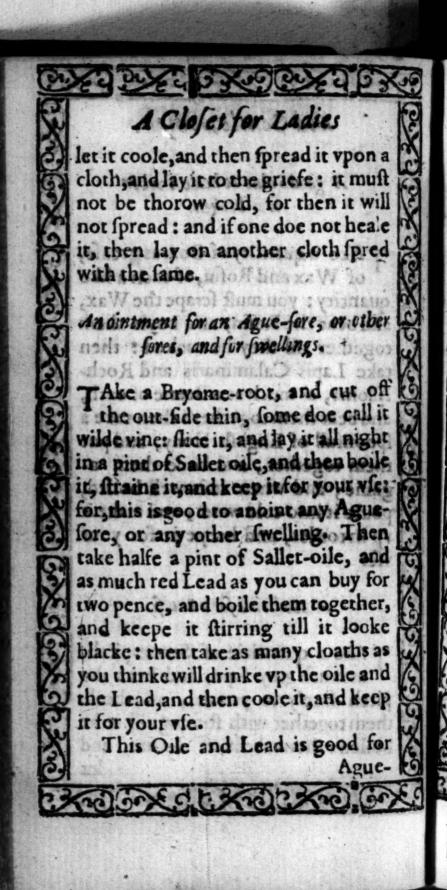
and Gentlewomen.

A good Salue to beale it when it is broken.

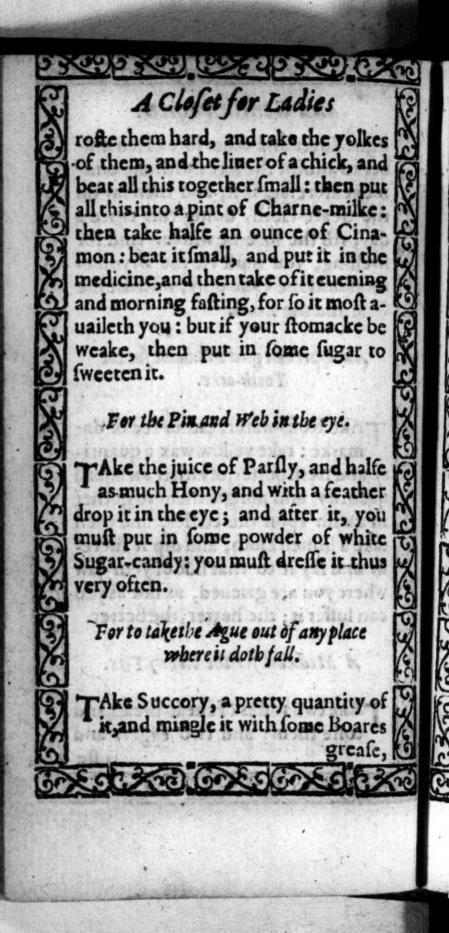
Take a quantity of Boares greafe, of Wax and Rosin, of each a like quantity: you must scrape the Wax, and beat the Rosin, and boyle them together till they be melted: then take Lapis Calaminaris and Roch-Allome, as much as a Beane of each, and beat them together: then take a spoonfull of English Hony, and put them together, and boile them againe; and when it is well boiled, poure it into cold water, and make it vp in rowles, and keepe it for your vie.

A Medicine for a Bruife.

Take a quantitie of Stone-pitch, as much gray sope, and beat the pitch finely to powder, and boile them together with stirring till it be boiled: then take it off the fire, and



and Gentlewomen. Ague-fores and other fores. Remember to anoint the fores with the ointment aforefaid first, and then lay on the Seare-cloth, doing this twice a day, till the fore be whole. And for swelling, you must vie the Bryome. roots and the Oile only, without the Oile and the Lead. An approved good Medicine for the Tooth-ache. TAke Rose-water, either red or damaske: take yellow wax a quantity, and fresh butter, of either an equall quantity, and mingle them to gether in a dish vpon the coales, and then take a linnen cloth, and dip it therein and lay it to that fide of your jaw where you are grieued, as hot as you can suffer it; the hotter, the better. A Medicine for the bloudy Flix. Paketwo toftes of cheat-bread, and tofte them; and two egges, and



and Gentlewomen. greafe, and spread vpon the cloth, and warme it against the fire, and lay it to the place. A Medicine for a greene wound TAke a quantity of Venice-turpentine, and wash it in faire water till it be white: then take a plaister therof, and lay it to the wound till it be drawne: then take the yolke of a newlaidegge, and adde thereto a small quantite of fine wheat-flower, and a little fresh butter, and mingle them together, and lay a plaister thereof vnto the wound after it is drawne, with the Turpentine. Another Medicine to be taken inwardly for a green wound, to be taken in Ale or Beere: it is likewife good for the foutting of a bone broken or cut, either for Man or Beaft. TAke juice of an herbe called Bonwort, to the quantity of 3.or foure spoone-

A Closet for Ladies

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spoonefulls or more, according to the stomacke of the party that is hurt: take the same quantitie and drinke it either in the milke, or as before is written, three or source severall mornings fasting, or oftner if you will, and it will free the party: when the herbe is not to be gotten, then you may vie the root, and it will availe as much.

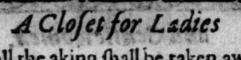
If the wound be but little, either this drinke, or the medicine before written, will helpe it: but if it be great, you must vie both together.

For to beale wounds and fores.

Take Rosin and Frankincense, of each source ounces, of white Wax and Olibinum, of each three ounces; of Harts suct, of Masticke, of each an ounce; Venice turpentine halte an ounce; white Wine a pint; melt the Rosin, the Frankincense, and the Harts suct together; then strame it in a pan, and put thereto all the white

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4560 रूर्व दिन्द्र व दिन्द्र व दिन्द्र व and Gentlewomen Wax, the Olibinum, and the Mastick made into powder, and the white wine: boile all together till the wine be confumed: then take it from the fire, and ftirit till it be almost cold: then put in the Turpentine, and make it in a rowle, and keepe it in Parchment or Leather. TAke Calamint, Peniryall, of each a like quantity, Nigella-romanafeed alittle bruifed, a French crowns weight: boile all thefe in posiet-drink made of white wine and Ale: a good draught evening and morning you must drinke. A Medicine for the head-burning that long time bath beena. Ake a quantity of the Gaule of Hare, and as much Hony : mingle it together a good while, till it turne red, and withrit anoint the forehead



and all the aking shall be taken away; this is a pretious ointment,

For to set abone, or heale a broken bone in man or beast.

Take the juice of Comfrey-roots, and wilde Daifie-roots, and boile them with Turpentine and yellow wax, and make a flat plaister thereof, and lay it to the griefe, and set splinters about it, and roule it to keepe it stiffe once in fine dayes, vntill it bee whole: you must drinke the juice of the roots nine dayes in some liquor, either to man or beast, when you vse the plaister.

For the Piles.

Take new milke, and thicken it with Oat-meale finely lifted thorow a ficue, and let it seethe till you make it up like Suppositaries: then take it up, and cut off the outside of a Race of Ginger, and grate it, and mingle

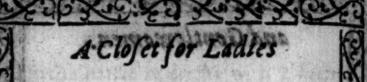
4360 and Gentlewomen. mingle it together, and some of it make into a plaister, and the rest make like Supposiraries, and put them up as you doe Suppositaries: then lay a plaister on the place, and vse this till you be whole. A Medicine for a Rupture in old or young. TAke Knotwort, Ribwort, and Comfry, of each a like quantity; wash them, and dry them, and fet them in the ouen when the bread is drawne. that to they may dry: then beat them to powder; then fearce them finely thorow a Searce or Sieue, and looke what quantity you take of the herbes when they bee dried, take halfe so much Annifeeds, and best them with the powder of the herbs, and fearce them; and thus having made the powder readie, when you will vie it, take as much of the powder as you can lay, or take vpon a good broad fix pence, and fourteene mornings together give it

A Closes for Ladies

to the partie to drinke with a little Malmfie fasting, and anoint the place first with oile of Spike mingled with any other thing: and also take such herbes as you make your powder of, and feethe them in faire running water vntillthey bee tender, wringing the water out of them, and apply them to the place as hot as the partie can fuffer it, and ler nor the truffe be too firait, left it force the place to rent further. Take the herbs to make the powder within May, when the chiefe ftrength is in them: the Knotwort beares a little watchet-flower. This hath beene proued on children To borne, and on old folkes that have beene foure and twentie yeares broken; and doth helpe all forts, that with good viage do not abule themselves, through the grace of God take as much of the

mornings regeries eine is

4360 Medicine to be vied during all the time of the Plague; good against Infettion. -Ake a pint of white-wine-vinegar, and halfe a pint of Iene Trekle, and a quantity of Bole-Armoniacke, otherwise called Bolles verus, and stirre all this together, and take three spoonfuls in the morning falling, and fast an houre after it, and take three spoonfuls an houre after supper. Another Medicine for paine in the bead. CEcthe leaves of Agrimonic with Hony, and give them to drinke, and draw it thorow a cloth, and keep it in a box, and therewith anoint your head, and wash your head in the water that Celandine is sodden in. Rue, and family with Right



For the aking of the head.

Seethe Pulioll in Avfill, and then put it in thy nose. Take Rue and Fennell, and seethe them together in water, and wash therewith the head.

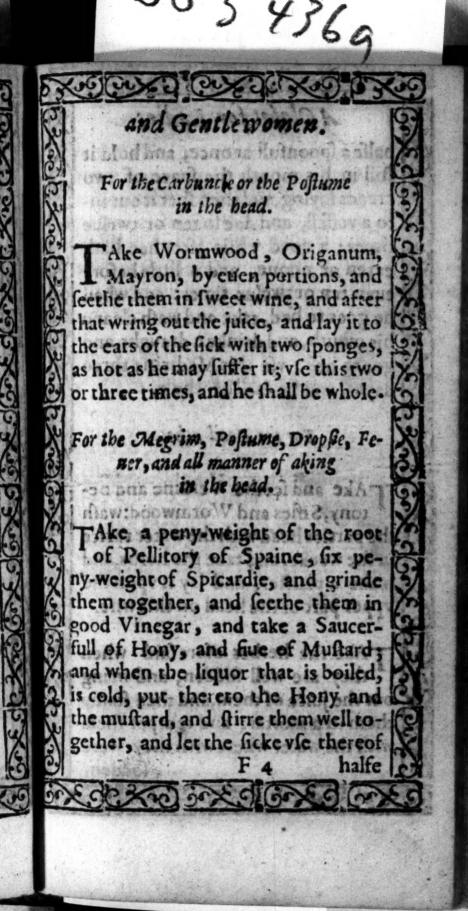
For a Felon of the head that swelleth the bead of a man: and that before written is for the same.

Take the grease of an Hart, & Hony, and Barly-meale, and Oretrest, and Moycell, and stampe them together, and after shaue thy head; then make a plaister, and lay it to thy head as hot as you may suffer it, and let it lye till it be whole.

For all Euills of the bead.

Take Rue, and stamp it with strong Ayfill; mingle it, and wash the head therewith.

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A Closet for Ladies

halfe a spoonfull at once, and hold it still in his mouth the space of two creeds saying, and then spet it out into a vessell, and doe so ten or twelve times; a good while after hee hath eaten at noone, and a little before even ten or twelve times; and when he goes to bed, take and wash cleane his mouth, and drinke a draught, and goe to bed: vse this Medicine shree dayes, and he shall be whole.

For the Head-ache.

Take and scethe Veruine and Betony, Sisses and Wormwood; wash the parties head with the water thrice in the weeke, and take the herbs, and make a plaister, and lay it vpon the vpper part of the head on this wise.

Take the herbes afore aid when they are well fodden, and wring out the juice of them, and then ftamp them in a mortar; and temper them with the water wherewith they were fodden.

4369 क्षेत्र हुव हुछ and Gentlewomen. fodden, and put thereto the bran of wheat for to hold the juice of the herbs, that it goe not out, and make a garland of linnen that may go about the head, and bind the plaister under it as hot as the fick may fuffer it: doe this three times, & he shall be whole, Another. Loues comfort the stomacke, liuer and heart : they helpe difeflion, and flop the belly: they quic ken the eye-fight, and scowre away the clouds and hawes of the eyes: they are good against all cold diseafes, and they are hot in the third degree. The oile of Cloues is very good for a cold stomack, and for any other place that hath need of warming, as a thumaticke braine. Another. Ake of litrage of lead four oun-ces; of Vinegar, common Oile,

A Closet for Ladies

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like quantity: put the litrage in a mortar, and put a little of the vinegar, and a little of the oile, and beat them together, and so put in by a little and a little all your oile and vinegar: you must beat them two houres together; it must be as thick as your green salue.

Another.

TAke Camphory, Hearts-ease, Priuit, Plantane, of each of them a handfull; bruile thele in a mortar, and put thereto Harts fuct, fine Sallet oile, of each dim li, mingle them well together, and let them stand foure and twenty houres; then put them into a pan or braffe pot, and put therto Wax and Rosin broken in small peeces, of each dim lib. let thefe boile all together ouer a fire of coales, till the juice of the herbs be confumed, and the ointment green; then straine it thorow a canuale-cloth into some pot that you will keep it in; and when it begins to be cold, then put thereto foure

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4360 and Gentlewomen foure ounces of Venice-turpentine; stirre all together vntill it be thorow cold, and keepe it close couered. could small our office. THe Wine of Eye-bright is made for the eyes, by putting the herbs into the must till it be perfect Wine: whose vie make the eyes of old men looke young: for, it is bot and drie; and the powder of it, beaten with the yolke of an egge, worketh the same effect: the powder received in Wine, if the Wine Le too ftrong put in Fenell-water or Sugar. A Medicine against the some in the backes or bladder, or for the roc kneffe of the backe, which is called it.e running of the reins. TAke Venice-turpentine, and wash it in Rose-water, either red or damaske, vntill it looke white: then diuide it into imali balls, as you may

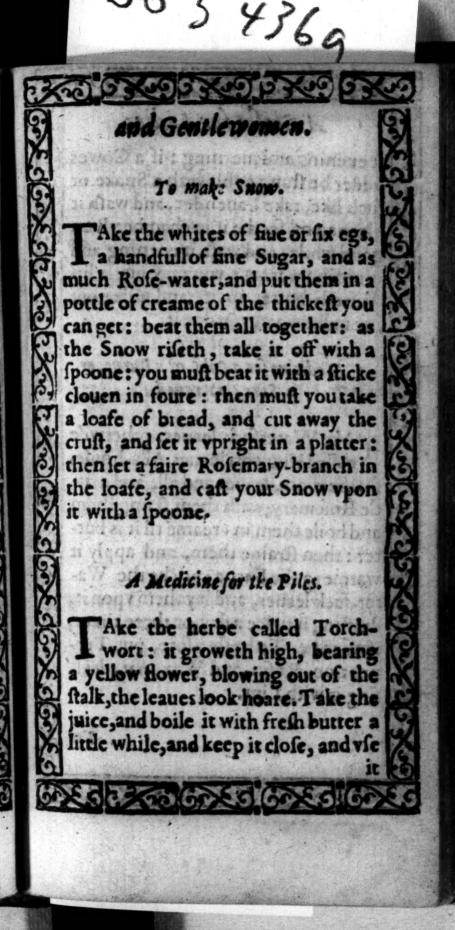
A Closet for Ladies cafily swallow to the full quantitie of

three hafell-nuts or thereabout; then roule them in fugar, to make them the more easie to be taken: then swallow them in the morning fasting, and fast foure houres after them: take these three or foure seueral mornings together, and in your water you shall finde much grauell.

Totake away the pock-boles or any foot in the face.

Take white Rose-water, and wet a fine cloth therein, and set it all night to freeze, and then lay it vpon your face till it bee drie: also take three poppies, the reddest you can get, and quarter them, taking out the garbage: then still them in a quart of new milke of a red cow, and with the water thereof wash your face.

To



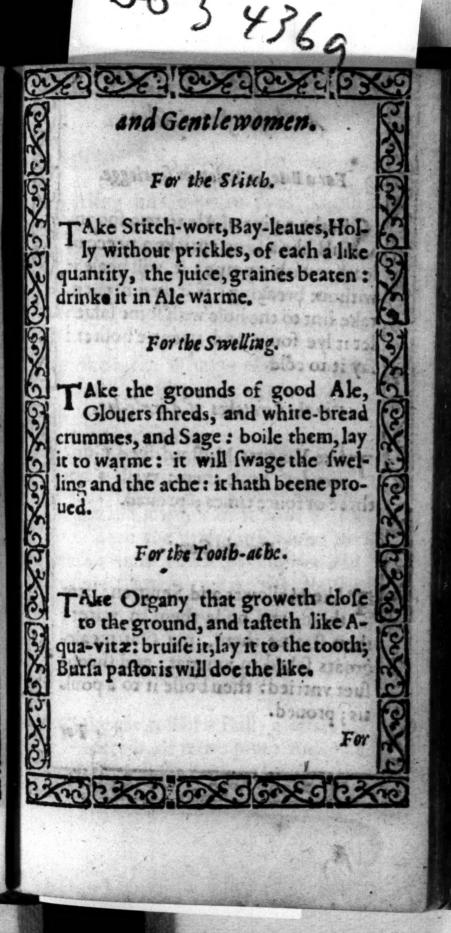
A Closet for Ladies

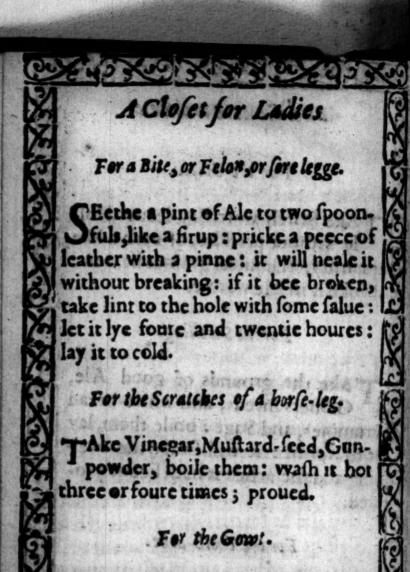
it euening and morning: if a Cowes
vdder be stung or bit with a Snake or
such like, take Lauender, and wash it
cleane, and seethe it in chamber-lyea
good while, and wash it euening and
morning warme: you may put a little fresh butter in it, and milke out
the milke when you doe it.

A Medicine for a Cold, or a Burne, or a Sore, approved.

Take Watersuck-leaues, otherwise called Hogwort leaues, Ally-house, Daisie roots, leaues and all, and a little Rosemary; wash them, stamp them and boile them in creame til it is butter: then straine them, and apply it warme to the burne; pricke the Water-suck leaues, and lay them vpon it, dressing it twice a day, or three times; if need be. To heale a sore, put Turpentine, Rosin, and Wax in it, dressing it with Lint.

in ce, and boile it with the chabitter a roll of while, and keep it close, and vic

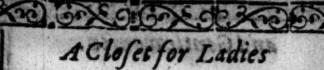




Take Mallowes and Sengren: beat them, and boile them in water: then straine them, put Oat-mealegroats soked in vinegar, and sheeps suet vntried: then boile it to a poultis; proucd.

For

4360 end Gentlewomen For the Aque. Ake a red Onion cut small, fix and fiftie graines of Pepper beaten small: binde it to the wrist halfe an houre before the fit; proued. For the Gamet. TAke a fat Whelpe of a Hound: scald him like a Pig: garbage him in the fide: then take red Nettles stamped with two ounces of Brime stone, foure ounces of Turpentine ourcyoikes of egges: a... ly, and sew it vp : rost it with a foft fire: faue the dripping: anoint the place: it is good for finewes and crampe: it will drive it away: for the like effect, Oyle, Nettles, Whitewine, boile them, apply them hor. For the Ciatica. Take the gall of a Bull, a quart of wort ; boile it to a pint : then put



in a pint of Vinegar, frankincense, one our se in powder, of Hony halfe a pound in powder: boile it thicke: spread it on leather: lay it to hot two or three dayes: lay a linner cloth betweene the skin and the plaister; the plaister will serue many times; proued.

For the Too'b-ache.

A Llom as big as a Walnut, Garlick an handfull, twenty Beanes, an handfull of Bay-falt, Pepper; beat it together: lay it to the wrifts twentie foure houres or more.

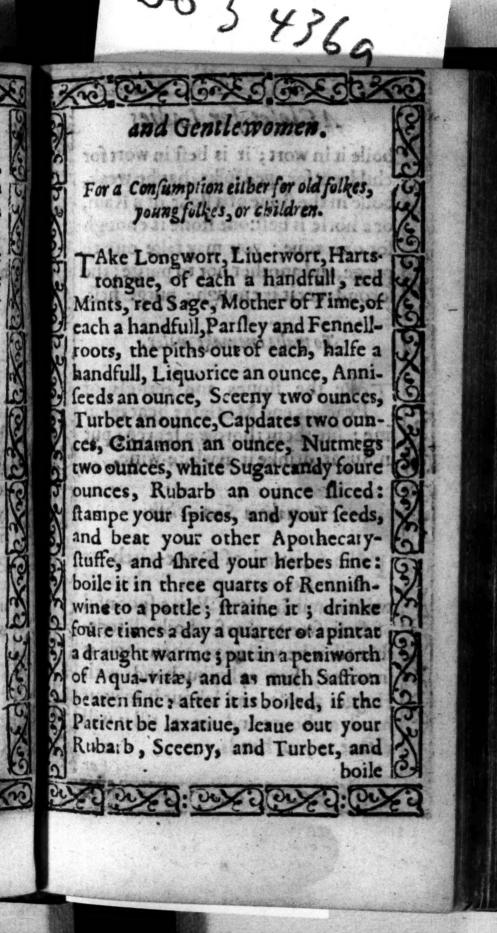
For to flop the bleeding of a wound.

our the dispoine; anoing the

The wooll of an inke-horne, Sanguis draconis, and Bollarmonick, and the whites of egges laid on too.

Mericeallof a Boll, a quier of

the and there can shed the For



A Closes for Ladies e it in wort; it is best in wort for

boile it in wort; it is best in wort for children; for aged folks that be weak, boile in the stone of a Boar, or a Ram, or a horse is best: one stone is enough for one time: you may take one to purge, and another not to purge: the second receit is enough; purge first.

To make one make water.

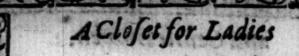
Take the stones and kernels of Peaches and Medlers: beat them fine: fift them thorow a searce; put in Sugar, drinke it in white-wine,

To make a Seare-claib.

Take a pound of Stone-pitch, as much Rosin as a great Walnut, & twice as much cleane Wax, a spoonful of fresh swines grease; boile all together till it be well mixt; then coole it in water; then oyle your hands with Hogges grease, and labour it in your hands an houre and more, till it will cleaue to your hands.

For

4360 and Gentlewomen. For the fame, and the best for all man. ner of aches. Take Rofin dim li. of Perrofon quarter of a pound, as much Gum maltick, a quarter of a pound of Deer fuet, two ounces of Turpentine, one ounce of Cloues and Mace, of Saffron two ounces; the liquor must be One of Roles. A soueraigne Medicine for a eveat ache TAke Sparmacity eight peniworth, of Oyle two d. of black Sope halfe a pound, of butter without falt as much as a great Walnut; boile it on a channgdilh of coals halfe an houre, ftirring it well from the bottome: spread it on leather, as broad and as long as your griefe; lay it to foure or five dayes. etm. lib of Kotin, dim, bo. of pinch.



To make a good Ointment or Salue for any force.

Take a good handfull of Sage, as much of Plantane, as much of Brownwort, as much of Hony-suckles, as much of Tursame, as much Veleryon: boyle all these in Maybutter till it be browne: then straine it, and put in a quantity of Virginwax: then boile it againe.

A good Receipt for all manner of fores, old or new, named, The gift of God, prayse be to bim.

Take Betony, Veruin, Pimpernel, Bugle, Smallage, Plantane, Scabeas-water, Agrimony, of each alike; flampe them together; boile them together in a gallon of white-wine to the third part; then straine them, and put to them a quantitie of sheeps suct, and halfe a pound of Wax, dim. lib. of Rosin, dim. lib. of pitch, one

436 and Gentlewomen, one lib. of Olibinum, and boile it againe. For Bags in the Fundament. TAke the yolke of an hard egge roafted, the oyle of Roles, and Marigold-leaues: beat it together, lay it to hot. To kill a Tetter. TAke greene Broome: boile it in a quart of running water halfe : way: bathe it with it. For the Pestilence. Ake the water of Betony, and Pimpernell, Turmentill, or Scabeas; mix it together, drinke it nine dayes fasting, and feare no Pesti-K. Henry the eighth bis perfection. 98 Ake fix spountils of compound water, as much of Rofe-water, a



Bor one that is taken within the bodie or any place.

TAke Rose-cakes, Aqua-vitz, and Role-water; heat it on a chafingdifa of coales; lay it to the fromack; they shall mend by Gods grace.

For the Ague or Cold.

TAkegreene Alderstickes; take the inner rind, a handfull; beat them, drinke it in Ale fasting; fast three houres, walking after it; then eat a Caudell

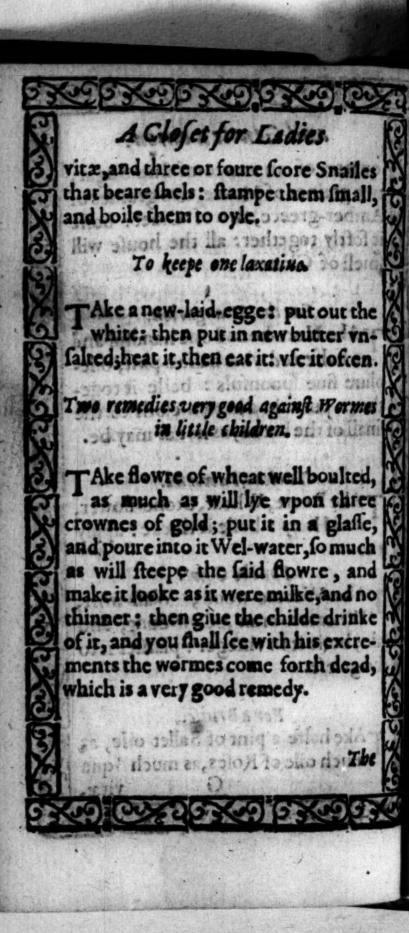
Another for the Ague.

Take a spoonfull of juice of Oren-ges, as much Aqua-vitz; mingle it with a yelke of a new-laid egge in the hellilup it vp falting once or twice.

K. Henry the eighth bis perfume.

Ake fix spoonfuls of compound water, as much of Rose-water,a

4369 # 190 (9) (CB) #0 (S) and Gentle women. quarter of an ounce of fine Sugar, two graines of Muske; two graines of Amber-greece, into of Ciner : boile it foftly together: all the house will fmell of Cloues atta stant of odinio For the Strangurion a odl TAke Hore hound one handful and a halfe, red wine halfe a pint, oileoliue fiue spoonfuls : boile it together: puritin a immen cloth to the C small of the backe, as her as may be. Late floring award wolf of A PAke Beere, Wheat, Stone flower, and Hony : boile it thicke : apply it count of water formion Line , DIM Forthe Gon A 750 1 it TAke Worme-wood, Wall-work Wheaten-bran Cowdeng and falo; boile it in vineger : platter it to thich is a very good remedy. For a Bruife. TAke halfe a pint of Sallet-oile, as much oile of Roses, as much Aqua



4369 and Gentlewomen The fecond remedie against Wormes. when majorand and make Or children that be so little, that the medicine cannot be ministred at the mouth, you must take very good Aqua vitz, wherewith you must wash or wet the stomacke or brest of the childthen powre it vpon the faid place with the powder of fine myrth, and lay the child downe a little while with his brest vpward, and you shall fee incontinently the wormes, with the childes dung, come forth dead. To beale children of the Lunaticke disease, which happeneth unto them by reason of a worme with two beads, that breedeth in their bodies : the which worme, comming to the beart, caufeth fuch a passion in the shilde, it that oftimes it kils them. Ake the tender stalkes of a Wilding-tree, & dry them in the Tha-

A Clofer for Ladies

dow: then stampe them well, and sist them, and take of the said powder and roots of Gention, and of long Pyome, of each of them a quarter of an ounce, and a quarter of an ounce of myrrhe: all these well beaten to powder, you must put in a dish or some other vessell, and moist them with a little water; then take of it with your two singers, and wet the lips and mouth of the childe: doe this three or source times, and you shall see the worme come sorth dead with the excrements.

Aremedy for the Falling-sicknesse.

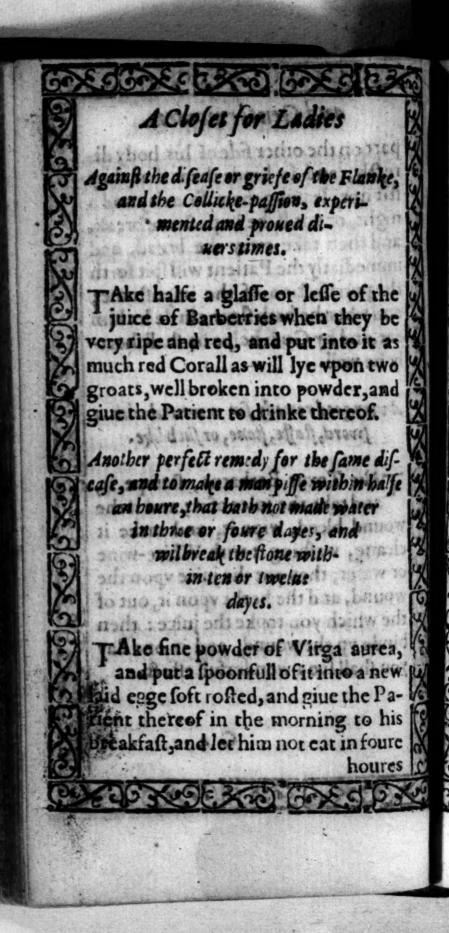
healogbeidern af the Lasterneralitates

Take Germander gathered in May, when it is in the bloffome: drie it in the shadow, and make it in powder; and when you will vie it, take the yolke of an egge or two, and stir and breake it with a spoonfull of the said powder: then see the it, and give it to the Patient to cat: doe this morning

00 5 436g 240 6300 6300 6300 and Gentlewomen. ning and eucning eight daies, abstaining from wine, carnall company of women, from all pulse, Beans, Peafe, Fetches, Tares, and fuch other from Sallets, Salt-fish, and from all other things that are hard of concoction and digestion; a very good and hotable Secret. A Medicine to care the biting of all venemous beafts. dynces. I urbentine tive ounces in in-A S foone as the partie feeleth Thimselfe bitten with any venemous beaft, or as foone after as may be, take greene leaves of a Fig-tree, and preffe the milke of them three or foure times into the wound: and for this, serueth also Mustard-seed mingled with Vinegar. Pen a white look aeverage To draw an Arrow-bead or other from out of a wound TAke the juice of Valerian, in the which wer a tent, and put into the

は2000年2000年2000日 A Closet for Ladies wound, laying the faid herbe vpon it stamped: then make your binder as best fitteth, and by this meanes you shall draw forth the iron, and after heale the wound. For a knocke or fall, caufing a bunch upon the head. TAke an ounce of Bay-falt, raw Honey three ounces, Comin three ounces, Turpentine two ounces:mingle all these well vpon the fire : then spread it voon a linnen cloth, and make thereof a plaister, and lay it hor to his head: the which will affwage the fwelling, and heale the hurt. A secret remedie against the Plurisie. Pen a white loafe, new baked, in the middle, and spread it well with good Treacle on both parts, vpon the crummie fides, and heat it at the fire: then lay one part vpon the place of the disease, and the other

4369 and Gentlewomen part on the other fide of his body direally, and so binde them that they ftir not, leaving them fo a day and a night, or vntill the impostume break, and then take away the bread, and immediatly the Patient will spit forth the putrifaction of the impostume; and when he hath dept a little let him ear, and by Godshelpe he shall shortly be well ... Avery good remedy for a wound with frord, flaffe, flone, or fuch like. TAke Taxus Barbarus, stampe in and take the juice of it; and it the wound bleed, wipe it, and make it cleane, washing it with White-wine or water; then put the juice vpon the wound, and the herbs vpon it, out of the which you tooke the juice: then binde up the wound, and in one day you shall see a wonderfull effect. wolled, and muc



4369 and Gentlewomen. houres after, and then he shall make water in leffe than halfe an houre, and let him vie this for the space of ten or twelve dayes as aforesaid: the Patient shall void the stone without any paine or griefe. A remedie for spetting of bloud, occasiened by the breach of Come veine in the breft. Ake Mice dung bearen in powder, as much as will lye vpon a groat, and put it into halfe a glaffefull of juice of Plantane with alittle Sugar, and fo give the Patient to drink therof in the morning and evening: continuing the same, he shall be found. Against the griefe of the Lungs, and spetting of bloud, a remedy experimented and tried. Ake an herbe called Farfara, or Tuffilago at the Apothecaries Vngula caballina, in English called Coirs-

A Closet for Ladies

Colts-foot; in French, Pat de lion: incorporate it well with the lard of a hog chopped, and a new-laid egge: boile all together in a pan, and give the Patient of it to eat nine mornings. This is also good to make one fat.

Against a flinking trestb.

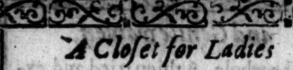
Take Rosemary leaves with the blossomes, if you can get them, and see the them in White-wine with a little Myrrhe and Cinamon, and you shall finde a maruellous effect, if you vie it often in your mouth.

Against the biting of a mad dogge, and the rage of madnesse that sollewes the party bitten.

Take the blossomes or flowers of wilde thistles, dried in the shade, and beaten into powder, halfe a nutshell full; put into white Wine, and drinke it, and in thrice taking it you shall

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4360 and Gentlewomen. shall be whole. A thing tried and experimented. To make me ter for the A Medicine for watry cyes. TAke a red cole-leafe, and anoint the leafe with the white of an egge: when you goe to bed lay the fune to your eyes. A Medicine for force jes TAke a little ground luy, and ftraine it and womans milke together, and let it be somewhat greene of the Juy, and then drop a drop or two into the bas to course out wiA 18 Another for the fame. TAke Fennel-water Stilled, and hive Hony: mingle them together, and put a drop or two into the eye. Thefe c, are approued. ād is to allow one concedences of volu



To make water for the eyes to kill the beat of any fore.

Take red Sage, and boile it in Smiths water till the third part be confumed: then straine out the Sage very hard, and put into it a quantitie of the liquor, a peniworth of Allome, and as much of white Coperas, after you have taken it from the sire, and anoint your eyes therewith.

Another for the fame.

Take the leaves of red Brambles, of Plantane, and Hony-fuckles; boile them all in running water from a quart to a pint, and vie it to the fore.

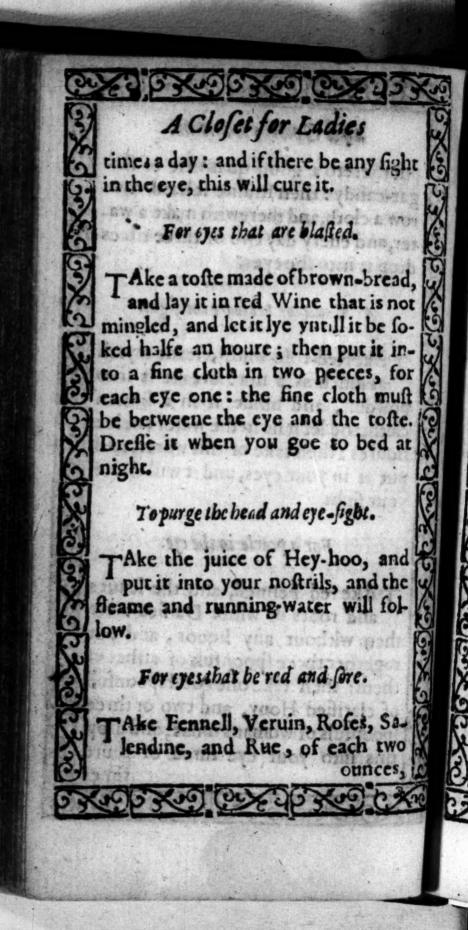
A Medicine for the Pin and Web in the eye.

T Ake the white of an egge being hot; take out the yolke cleane, and

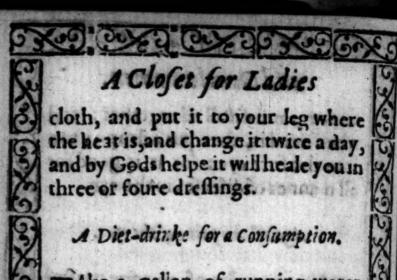
Put

4369 and Gentlewomen. put thereto a good quantitie of Sugar-candy: then straine it hard thorow a cloth, and therewith make a water, and every day two or three times drop it into the eyes. A Medicine to cleare the fight. TAkeRed-role-water, cleane myrrh as much as a nut: breake it into powder, and binde it in a linnen cloth, and let it lie in the water twelue houres: then take of this water, and put it in your eyes, and it will cleare your fight. For a pearle in the eye. TAke red Fennell, and the leaves and roots of white Daifies : vie them without any liquor, and put together three spoonfuls of either of them: then take one good spoonfull of clarified Hony, and two or three spoonfuls of womans milke, and drop this into your eye three or foure

le



4369 and Gentlewomen. ounces, and distill all together: and when need is, then put a drop or two into the fore eye: for it is good for all manner of diseases in the eye. Against the paine of the eyes. TAke the yolke of an egge roafted hard, and laid to with Rose oile and Saffron: put in the juice of Baall. For to fee well. TAke Eye-bright, red Fennell, of each halfe a handfull, of Rue one quarter of an handfull: cause these to be distilled, and wash your eyes daily with the water. For the aking in the legge. TAke a peece of fowre leaven, and as much Barme, and as much blacke Sope: temper them all together, and so spread it vpon a linnen WO cloth



Take a gallon of running water measured by Ale-measure, and put thereto an ounce of Cinamon, an ounce of Cloues, an ounce of Mace, a dram and a halfe of Acter-roots, and boile it till it come to three quarts: let this be your only drinke till you doe amend.

A Medicine for the head ach.

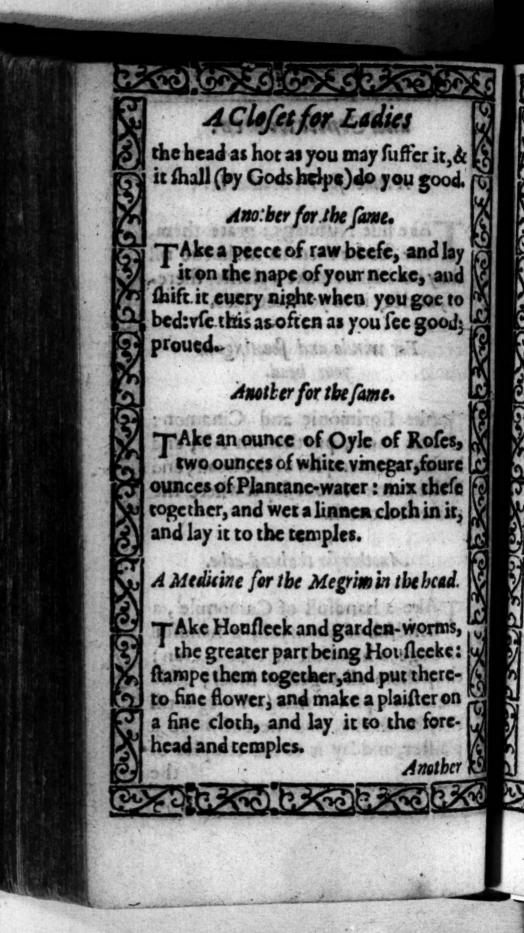
Take a handfull of Rosemary, two handfuls of Betony, and a spoonfull of Hony: and seethe them all in Malmesse, and wash your head therewith.

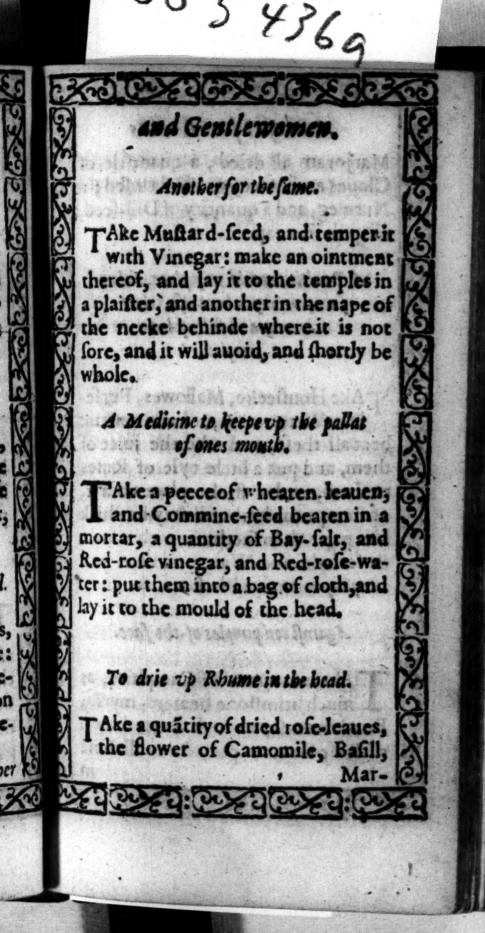
constitution in the second in back another



uses the authorization to appear and

4369 and Gentlewomen. the head as hot as you may fu Another for the bead-ache. TAke five Nurmegs : grate them, and feethe them in Malmelie ull they be thicke: make a plainer thereof, and lay it to your remples. ne se any sa nesto en 1931 For winde and flootings in your head. TAke Egrimonie and Cinamon: bray them, purthem in Ale, and lay it to the temples of the head; and if the paine remove, lay it where the paine remoueth, a row bas redirect and lay it to the terry Another for the head-ache. TAke a handfull of Camomile, a bandful of Peniryall, a handfull of Sage, a handfull of Wheat-bran: chop them all together small; boile them in a pint of tharpe Vinegar till they be thicke, and thereof make a plaister, and lay it to the temples of





A Closes for Ladies

Marjoram all dried; a quantitie of Cloues and Mace, groffe bruifed; a Nutmeg, and a quantity of Dill-feed, all quilt in a cap.

A Poultis to coole any place, either face, or any where eife, that is red, and full of bot pimples.

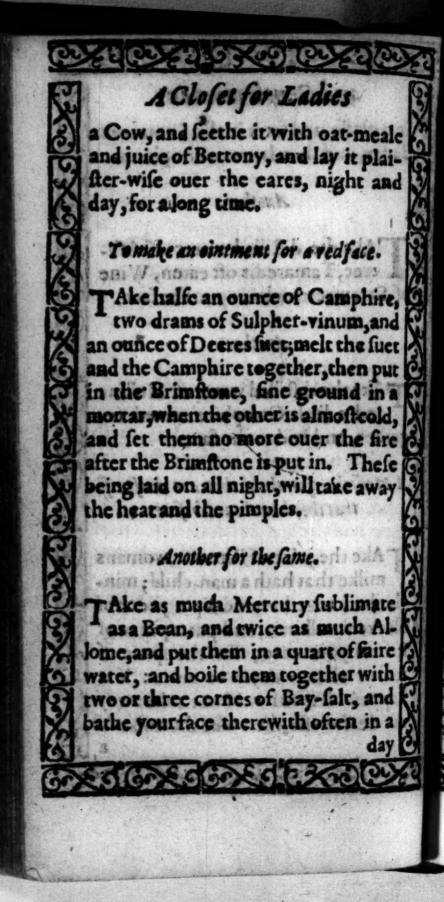
Take Housleeke, Mallowes, Purseline, Water-roses, called Numium:
beat all these, and take the juice of
them, and put a little oyle of Roses
to them, and wash the place with it,
or stampe the herbs till they be thick
like pap: then seethe it with a little
Rose oyle and Wax, and then you
may lay it on as a Plaister.

Against red pimples of the face.

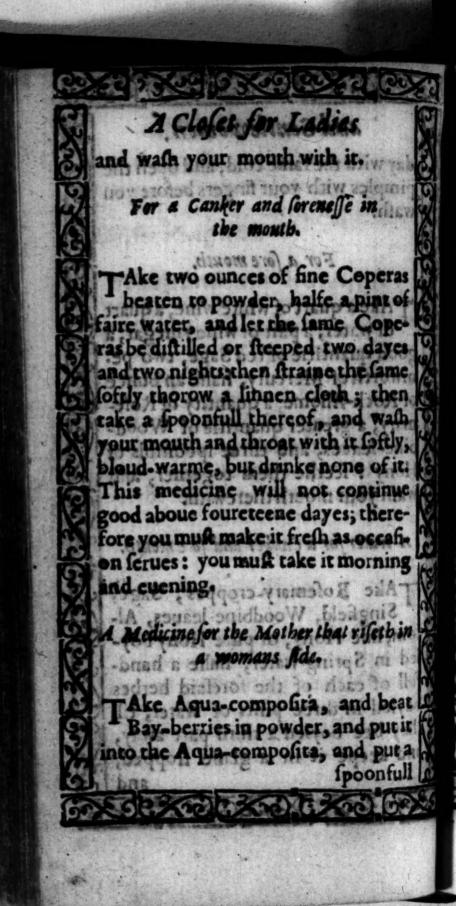
Take an ounce of Camphire, as much brimstone beaten; myrrh, Frankincense, of each foure drams, of Rose-water a pound; put all these

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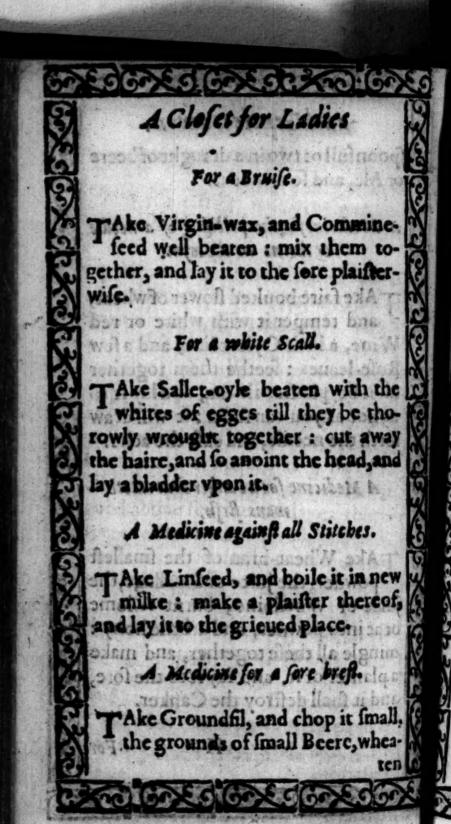
4369 10 CD 60 CD 60 CD 40 CD and Gentlemomen in a glaffe, and fet it in the Sunne ten dayes, and then lay it on the places cr-wife ouer the cares, night and Anothern gnola tot, yel Ake the diffilled water of Aftitree, Tamaredis oft caten, Wine of Strawberries laid vpon the face. ino deans of Sulpher-vinum, and in lant rion Anothers Che contro n and the Campbire together, then per TAke the difbiled water of Mulline n: and a little Camphire mined new of gether, and laid to the face it 131 bas es it, after the Brimstone is put in. A Medicine for them that are deafe, fo ck that they bane beard befores oil of tle OU TAke the juice of Birtaine, womans milke that hath a man-child; mingle them together, and dip a peccoof blacke wooll in it, and put a pecceof it into your eare, for the space of rh, ten or eleuen dayes or more: if it le ms, happen that this will not take away (2 cle the deafeneffe, then take the milke of



4369 and Gentlewomen. day with the same cold, and open the pimples with your fingers before you wash. For a fore mouth. TAke a quart of white wine, a quart of water, a pint of wine vinegar, a good quantitie of red Sage, two peniworth of Mercury, halfe an ounce of Roch-Allome, a quantity of Rofemary, a greater quantitie of Wood bine-leanes, and three spoonfuls of Hony : scethe them together, and wash your mouth therewith A water for a Canker and fore mouth. TAke Rolemary-croppes, Sage, Singfield, Woodbine-leaves, Allom, live Hony, or pure Hony boy led in Spring-water, halfe a handfull of each of the foresaid herbes beyled in three pints of water, till they bee boyled a third part away, and keepe it in a glasse stopped,



4369 क्ले हेन है ती अल्लाहरू होता and Gentlewomen. spoonfull or two in a draught of beere or Ale, and fo drinke it. A Medicine for the prioking of a needle or more thome in the loyat! boo rether, and lay it to the fere plaister-TAke faire boulted flower of whear, and temper it with white or red Wine, a little Oyle oline, and a few Rose-leaues: seethe them together till it be plaister-thicke, and lay it to as hor as you can fuffer sit will draw forth the needle, and cale the achees the haire, and fo anoing the head, and A Medicine fort Canter that catethal mans flesh. Medicine egainst all Stirches. TAke Wheat-bran of the smallest powder, the juke of Smallage, the julce of Woodbine burne Allome beat into pawder, and a thelchoby mingle all these together, and make a planter of it, and the it to the fore, and it shall destroy the Canker. ke Groundfil, and chop it i von the grounds of finall Beere, when



4360 33 460 400 400 400 and Gentlewomen. ten bran, and theepes fuet beaten in a mortar : boile them all together, and lay it plaister-wife to your breft. A Medicine for fw. Hed brefts. TAke white wine, wheat-bran new boked, Rose-leaues old and new : seethe them till they be thicke: then lay it to the breft as hor as the may fuffer it, from cuen to morning, and thiff it againes modrous mone To breake the fleame of the breft. thro your bieff, as bot as you o TAke butter without falt, and hony, of each a quantity, faire bitter Almonds: blanch them, and beat them fine, and eat a little every day. A very good Medicine for any ache or forebreft, oftenapprouedlo AA TAke Frankincense, fine wrought Wax, Boars greafe, and Rolin,

A Chafet for wadies

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of each of them a like quantity, and feethethem together to a cake; spread it on a cloth as broad as the fore or paine is, and lay it to four and twentie hours, or twelve at the least.

An approved Medicine for a fore brest.

TAke a handfull of Mallowes: feethe them very foft in faire water, and them let the water tunne away from the Mallowes: then chop or flue ad them: then put them in a diffu with Boares greafe, and heat them very hot, and idy it on a plainter of linnen cloth to your breft, as hot as you can fuffer, three or four e times a day heating it: this hath beene approved very good.

A remedy for the paines of the breft.

Take Hylope, Parsley, and Sage, stampe them together, and lay them to the brest, and it wil be whole.

Another



4369 ind Gentlemannen. with a good thorout of Carine Another fox the stopping of the brok. ore confined; then divide then TAke Rue, and feethe is with Alligant, and drinke it three or four times. terues. A Medicine for the blondy Elix. TAke as muchifine linnen cloth as will make a Suppositarie, being wrapped together button-wife: then wet the fame in the best Aqua vita or Aqua composite, and les the partie grieued convey the fame into his fundament, and it will helpe him by the le grace of God, within three or four deffings: this is approved, and hath holpen many that have been brought low, and thought past cure of A Alcoads, and par h them viol Deston Smiths Medicine for the Wati Collicke and Stone, but her nd let it on the fire, and put in last TAke Poster-ale made of Rennish wine: boile Camomile, running Time, Parfly, Pellitory of the wall,

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3 A Closet for Ladies

with a good spoonfull of Comineseeds, will the third part and more bee consumed: then Arrine them with Sugar sufficient: drinke a good draught warme, and vie it as occasion serues.

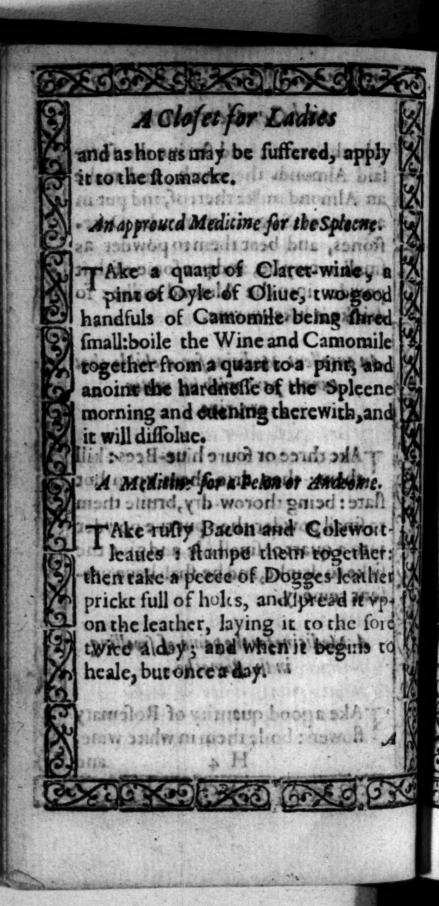
A Medicine for the Chin-cough,

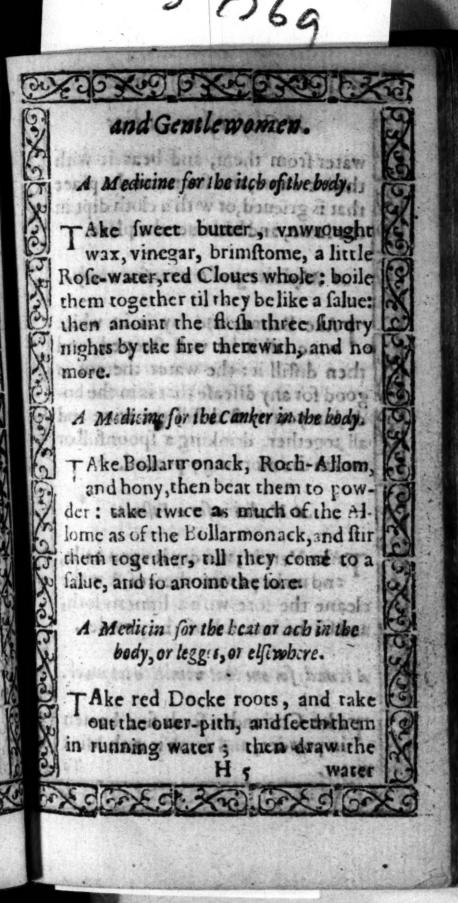
Take Boars greafe, and warmer the foles of the feet to the fire; then chafe them with that, and goe to bed, and keepe it warme, and lap clothes to it.

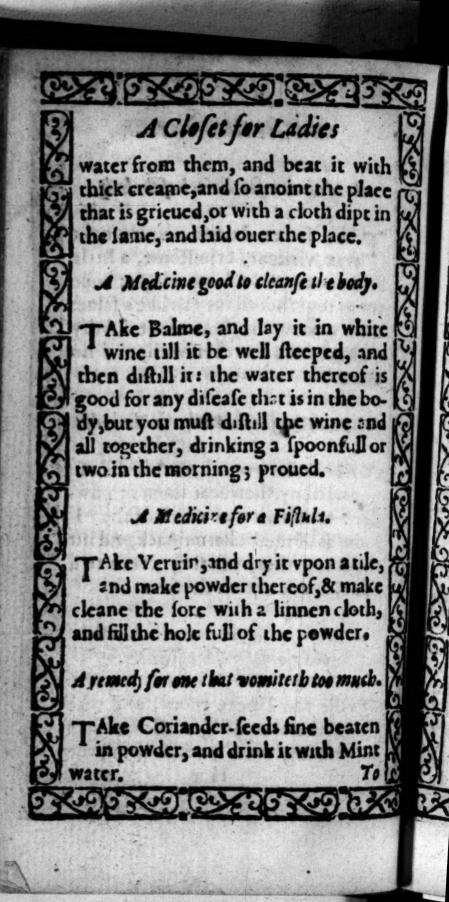
To flay a Lacke.

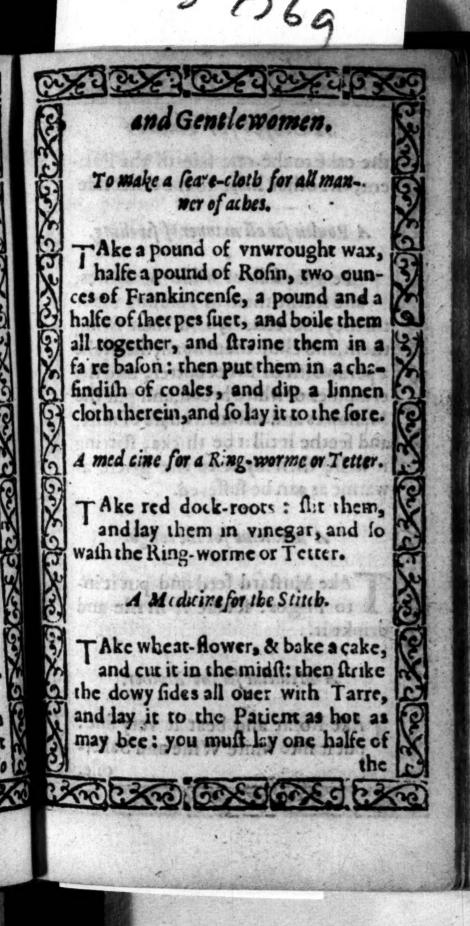
Almonds, and parch them vpon two new tiles: beat them in a mortar, and take a quart of faire water, and fet it on the fire, and put in halfe a handfull of Knot-graffe, and halfe a handfull of Plantane leaves, and let them feethe a good while: then take

4569 and Gentlewome take the water, and fraine the forefaid Almonds therewith, and make an Almond milke thereof, and put in a peece of Sugar: then take Datestones, and bear them to powder as small as may be, and put some of that powder into the Almond milke: fo drinke it luke-warme. An excellent Medicine for a childe that cannot part with his water or vrise. TAke three or foure hive-Bees : kill them; then drie them voon hot flate: being thorow-dry, bruile them to small powder; then put the powder into a quart of small Ale, and give the ficke to drinke, and he shall have prefent remedy. A Medicine for the paine of fwelling in the Romacke. TAke a good quantity of Rolemary flowers: boile them in white wine,









A Closes for Ladies

the cake to the one fide of the Patient, the other halfe to the other fide.

A Poultis for all manner of swelling.

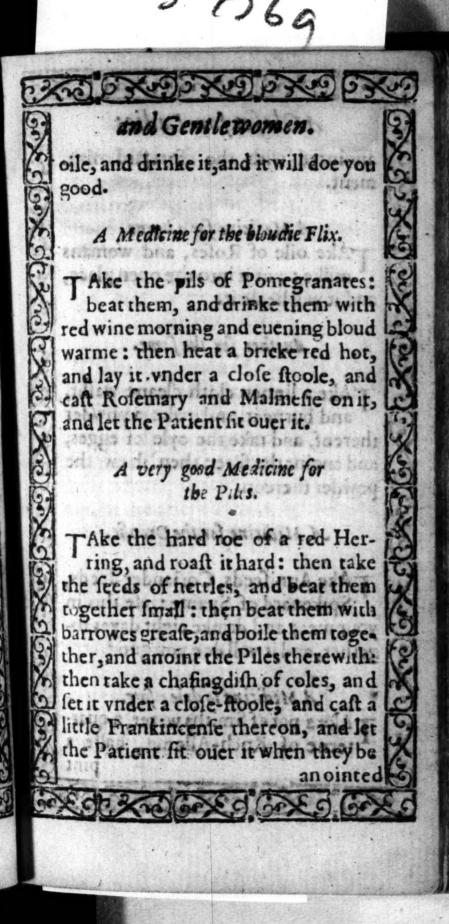
Take a lapfull of wilde Mallowes, and feethe them in running water till they be tender, and then fwing them, and chop them small; then take a peniworth of sweet butter, and the crummes of white bread, and put the Mallowes and allinto a quart of milk, and seethe it till it be thicke, stirring it well; then lay it to the griefe as warme as can be suffered.

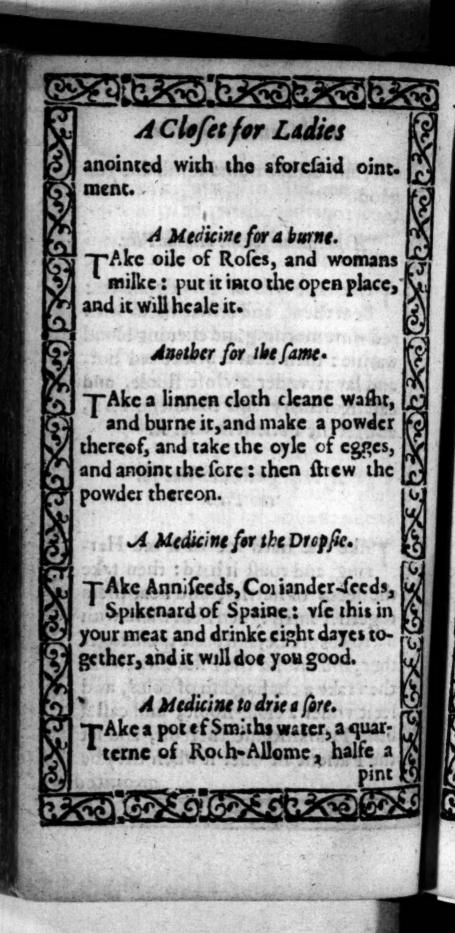
A Medicine for the cough.

Take Mustard seed and put it into Figges: seethe it in Ale and drinke it.

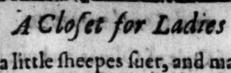
A Medicine for the Mother.

Take Rosin, and beat it very line: put it into white Wine and Salletoile,





7169 and Gentlewomen. pint of Oyle of Oliues, and put therto a handfull of Sage, and boile them together till they be halfe confumed: then vie it to the fore, and it will drie it. A Medicine for an ache that comes against raine. Ake the hornes of a Stagge: cut I them in small peeces, and boyle them in water till it bee confumed from a gallon to a quart: then poure the water from the bones, and it will gelly when it is cold, and therewith anoint the grieved place against the fire evening and morning. A Medicine for a burne or feald. TAke Mallows and Smallage: Seethe them in water; when they be tender, take them forth, & wring out the water cleane: chop them fmal, and fet them on a chafingdish of coals, & put



to it a little sheepes suer, and make of it a salue, and say it to the fore place thicke, and say a cloth upon it, and tie it on.

A Salue for an old fore.

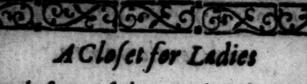
Take the inner rind of an Oke that is not very old, and burne it to a coak; then quench it, and make thereof a powder, and temper it with the yolke of an egge, and make thereof a fatue.

To make a drinke for a burning Azur.

Take a quart of running water, halfe a pint of Vinegar, halfe a quarter of a pint of Rose-water, a quarter of a pound of Sugar, and one sticke of Cinamon: boile them all together, let it coole, and give it the sicke to danke.

cercleaned up them doubt and one one on one on a challeng did not coars, or put

7569 nd Gentlewanser me electe of the wax in a factor A Mid cine for the beat of the Liner. . ariaglad lieu a Breglinga an TAke wort of the first tap : drinke it every morning next your heart for a moneth together, and it will helpe you. Ale Red-role leavest bray then A Medicine to make a young childe al bac as a goeto the Boole as saver it to the childes naudles but as you Ake May-butter, and chafe the nauill therewith against the fire thenitake fome blacke wooll that growes betweene a blacke freepe legges arbidic in the May-butter, and drient : thenllay ideothe nauill. It is good for an old man also that can take no inward medicine as a salar An approved Medicine for the Nauil moben is comes out with a ying. reduce that a tend ; prome it. Ake wax which is vied no other way but to take the hony from it, and when you have an occasion,



melt some of the wax in a Saweer, and dip blacke wooll in it: lay it to the naudl, and it will helpe it.

A Medicine for the swelling of a

Take Red-rose-leaues: bray them, and boile them in red Wine an houre: then wer a cloth in it, and lay it to the childes nauill as hot as you can suffer it.

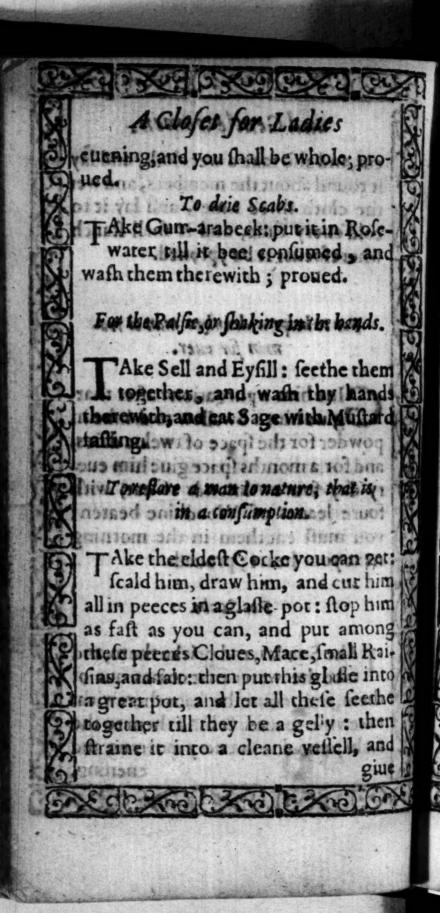
A Medicine to Ranchthe Blix.

Take a Sawcerfull of the juice of Milfoile, as much of the juice of Plantane, and wheat-flower: temper it with the juice of the herbes, and so make a cake of it, and bake it, and eat it hot.

For to flanch bloud at the nofe, or at a veine that is cut; proued.

Take Feathers burned to powder, and lay it upon the veine that is

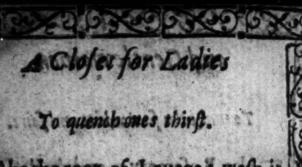
7169 क्रिक्ट किर्देश किर्देश विकास के and Gentlewomen. cut, and also take a wet cloth, and lay it round about the members, and wet the cloth three times, and lay it to cold every time, and it shall stanch wherefocuer it be ; proued. For to belpe a drunken man or woman for ener. lue him a purgation : after that, Jaine him a Swallow to drinke in powder for the space of twelve daies, and for a months space give him every day foure Almonds to eat, with foure leaues of Woodbine beaten: you must ear them in the morning next your heart; proued. For Scabs. TAke Snailes, and pricke them, and take the water that comes out of them, and anoint the scabs therewith: take vine-leaues, & bind them to the scabs, and doe it every morning and cucning,



7560 and Gentlemmen. give libro the licke, first and late fland any and anight, smtaw-buold aviall of slaffe; you must take the oils me a Toreftere thebrames firmaisla basion, and put in your glaffe; and TAkepowderof Bietany and vierte tim your pour gevitwill reftore the braine, and deftroy the flone (Thoy du Frica perillons Cough. TAba Sege, Rue and Commine flamperhemiwich Beppers feethe themitogether with hohy land theres dimake amelectuary, and we thereof a spoonfull evening and merning; and by the helpe of God it shall doe For a faire face; presed anotheoguey : 18 Por thomickbattenmotifee, and ftill them negsbersunded wath your face therewith afreene dayes, mor-The white vinegary and rub rep an whet Hone in afaire balon take he as much falt as powder, and grinde en them well together in a bason, and temper 46

विशेषक अवस्थिति । A Closes for Ladies temper them with Wine, and let it fland a day and a night, and put it in a viall of glaffe: you must take the chinnest that standeth above in the bason, and put in your glasse; and when the patient goeth to bed, take a feather, and wet therein, and anoint your eyes. To anoint the face, and to make it white. TAke fresh Bacon-greafe, and the whites of egges: stampe them together, and a little powder of Bayes, and anoint your face therewith, and it will make it white and Malace For a faire face; proved another may. TAke Plantane and white Vinegar: ftill them together, and wash your face therewith fifteene dayes, morning and evening: after this, drinke a draught of Vinegar in the morning once in three dayes. bus collect a predictor

7561 and Gentlewomen To make the face white and faire. TAke Rosemary, and boile it in white Wine, and wash thy face therewith, and thou shalt be faire: then take Erigan, and stampe it, and take the juice thereof, and put it all together, and wash thy face therewith; proued, To belge the face with red Pimples. lewith Wine, and come alleaf TAke Bay-berries, and plucke off the huskes, and make fine powder thereof, and temper it with Honey: anoint your face therewith fix times, and it will helpe you To draw broken bones out of the bead. TAke Bettony, Veruine, and Rue: stampe them all together very small, and put thereto Rie-meale or R wheat, and the white of an egge, and fg make a plaister, and lay it to the head



Ake the root of Louage! wash it cleane to Rampe it, and temper it with water drinke a good draught of it suc nights together, and drinke not in two houres after it.

For one that feakes in his fleepe.

Take Southernwood, and remper it with Wine, and let the discaled drinke thereof in the morning, and when begoes to bed, and remember of the morning and the morning it with the morning it with the control of the contr

of the Flowers.

Take the foot of a Hare shirne it to powder, and drinke thereof whired wine and Cinamon first and taken medages, and it will helpe here.

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